

Medical applications of radioactivity



École Joliot Curie
 25/26 September 2017

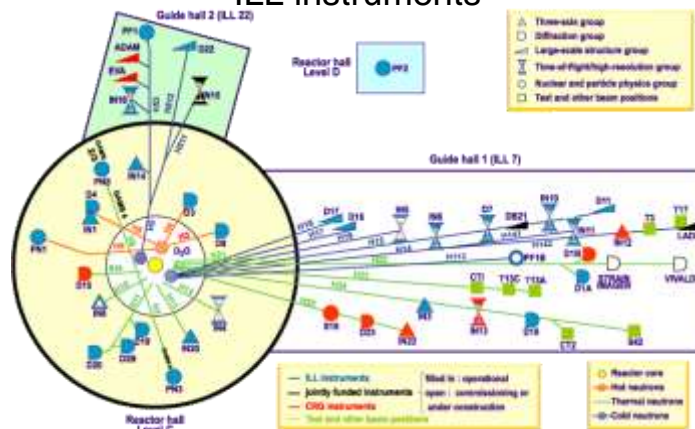


Institut Max von Laue – Paul Langevin



- founded 1967
- today governed by “associates” FR, DE, UK
- + member states: ES, CH, AT, IT, CZ, SE, BE, SK, DK, PL
- over **40 instruments**, mainly for neutron scattering, but also some for nuclear and particle physics
- **user facility**: >1400 scientific visitors from 40 countries per year

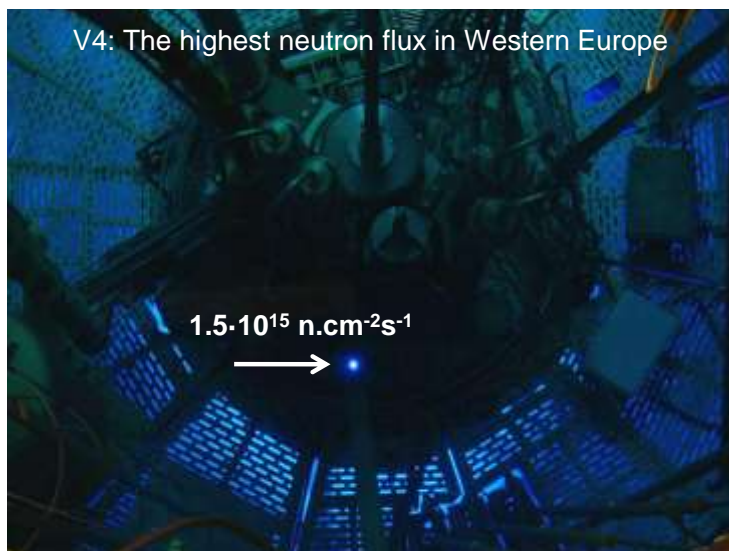
ILL instruments



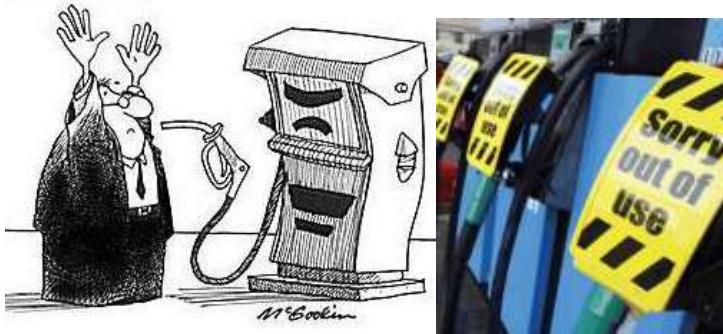
40 instruments running simultaneously for 150-200 days per year
 Neutron beams: up to $2 \cdot 10^{10}$ n.cm⁻²s⁻¹ flux, up to 320 cm² area

The LOHENGRIN fission fragment spectrometer





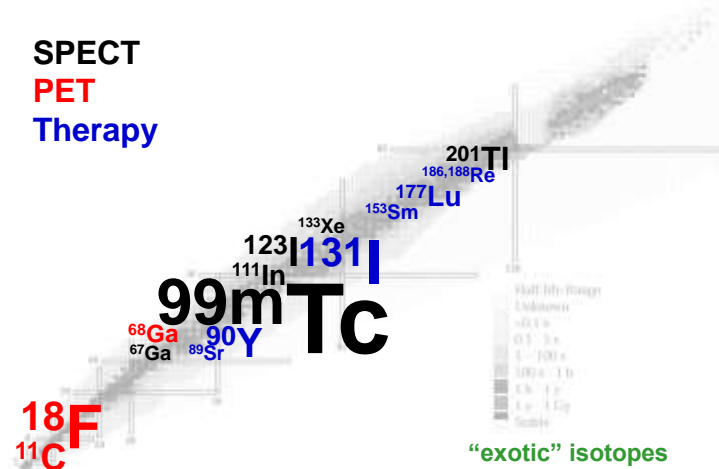
Don't forget the fuel!



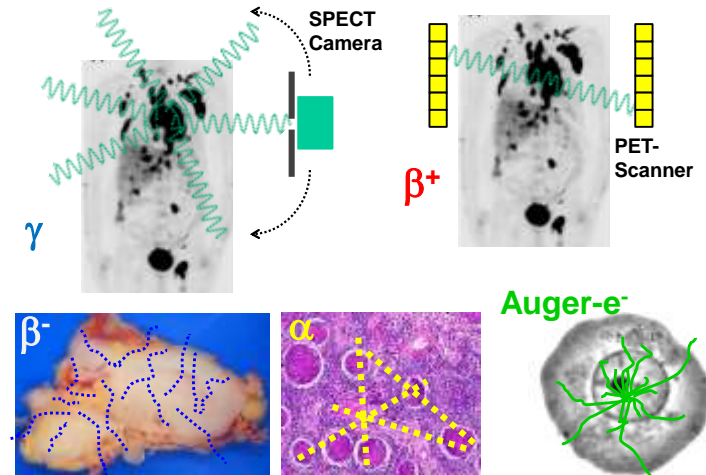
Radioisotopes: the "fuel" for nuclear medicine

1. What is the optimum fuel for an application ?
2. Are we using the optimum fuel today ?
3. Where does this fuel come from ?

The chart of nuclides – nuclear medicine perspective

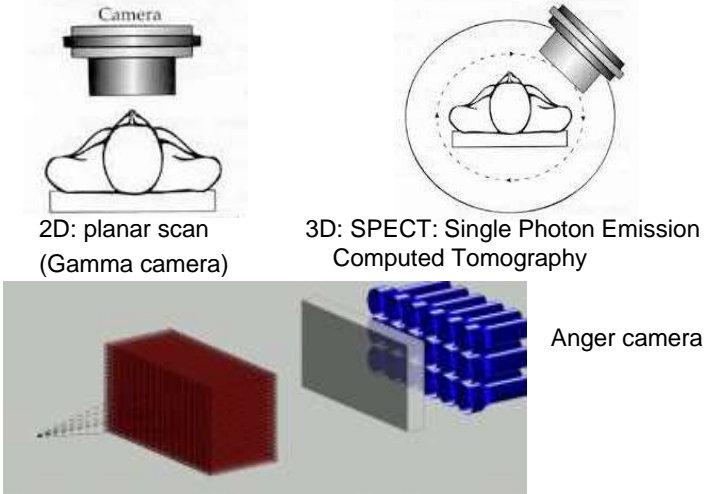


The Nuclear Medicine Alphabet

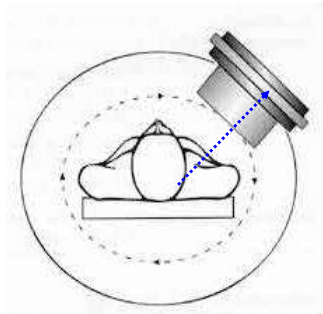


Medical applications of radioactivity

Scintigraphy and SPECT



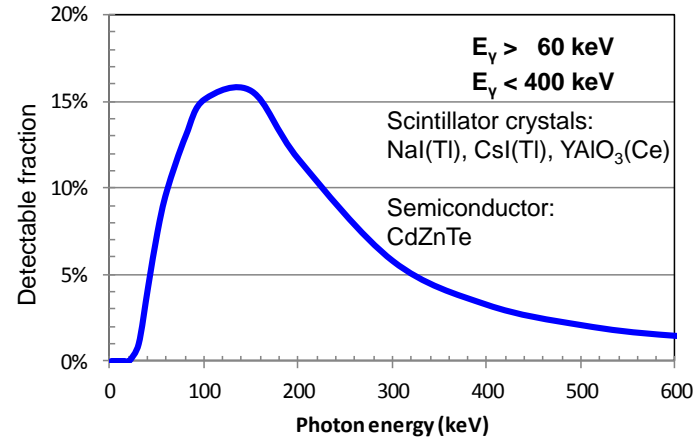
Ideal gamma ray energy for scintigraphy/SPECT?



$$N = N_0 e^{-\int_0^d \mu(x) dx}$$

10 cm soft tissue
 0.2 cm aluminium (detector encapsulation)
 1 cm NaI

Ideal gamma ray energy for scintigraphy/SPECT



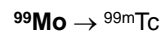
10 cm soft tissue, 0.2 cm aluminium (detector encapsulation), 1 cm NaI

^{99m}Tc: ideal for SPECT and gamma cameras

Ru 98 1.87 α 0.8	Ru 99 12.76 α 4	Ru 100 12.60 α 5.8	Ru 101 17.06 α 5	Ru 102 31.55 α 1.2
Tc 97 4.3 10 ⁴ a β ⁻ 0.4 1748, 863 α 0.5 + 7	Tc 98 4.2 · 10 ⁴ a β ⁻ 0.4 1748, 863 α 0.5 + 7	Tc 99 6.6 h β ⁻ 0.89 140.5 α 0.3 21 10 ⁴ a	Tc 100 15.8 s β ⁻ 0.4 7542, 501 α 0.3	Tc 101 14.2 m β ⁻ 1.3 1307, 945 α 0.3
Mo 96 16.68 α 0.5	Mo 97 9.56 α 2.5 n _{eff} 4E-7	Mo 98 24.19 α 0.14	Mo 99 66.0 h β ⁻ 1.2 740, 192 778 n _{eff} g	Mo 100 9.67 1.15 · 10 ¹³ a β ⁻ 0.3

- IT with 89% 140.5 keV gamma ray, T_{1/2} = 6 h
- decays to quasi-stable daughter
- ^{99m}Tc fed in 88% of β⁻ decays of ⁹⁹Mo, T_{1/2} = 66 h
- produces nearly carrier-free product

The Bateman equations



$$dN_{\text{Mo}}/dt = -\lambda_{\text{Mo}} N_{\text{Mo}}$$

$$N_{\text{Mo}}(t) = N_{\text{Mo}}(0) \exp(-\lambda_{\text{Mo}} t)$$

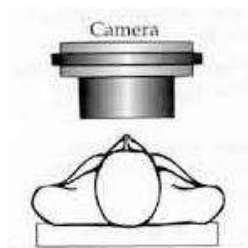


$$dN_{\text{Tc}}/dt = \lambda_{\text{Mo}} N_{\text{Mo}} - \lambda_{\text{Tc}} N_{\text{Tc}}$$

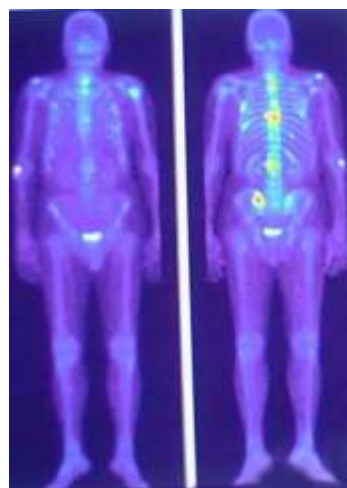
$$N_{\text{Tc}}(t) = N_{\text{Tc}}(0) \exp(-\lambda_{\text{Tc}} t)$$

$$+ \frac{\lambda_{\text{Mo}}}{\lambda_{\text{Tc}} - \lambda_{\text{Mo}}} N_{\text{Mo}} [\exp(-\lambda_{\text{Mo}} t) - \exp(-\lambda_{\text{Tc}} t)]$$

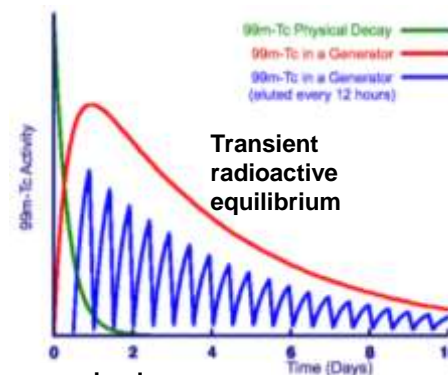
Bone metastases



- planar or SPECT scan for bone metastases
- differentiate between local and generalized disease
- decide on treatment options: surgery or radiation therapy versus systemic therapy

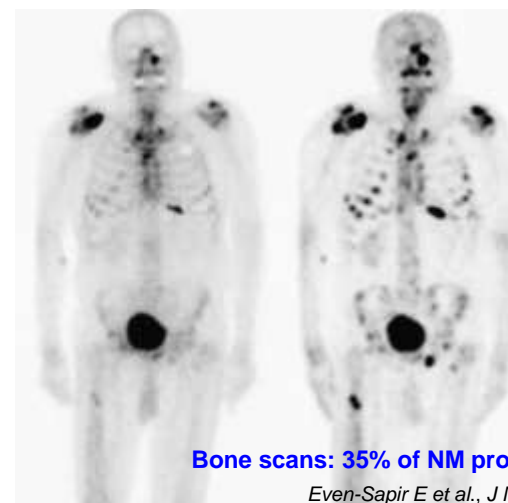


$^{99}\text{Mo}/^{99\text{m}}\text{Tc}$ generator



Transient radioactive equilibrium

- simple
- reliable
- portable
- self-shielded



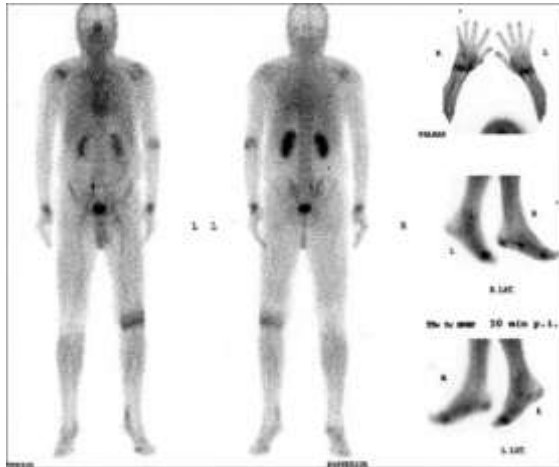
Bone scans: 35% of NM procedures in Europe

Even-Sapir E et al., J Nucl Med 2006; 47: 287.

$^{99\text{m}}\text{Tc}$ -MDP planar

$^{99\text{m}}\text{Tc}$ -MDP SPECT

Rheumathoid arthritis



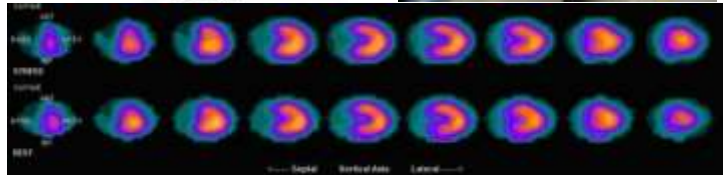
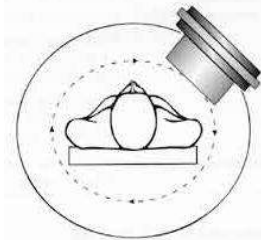
L. Knut, World J Nucl Med. 2015; 14:10.

Veterinary scintigraphy

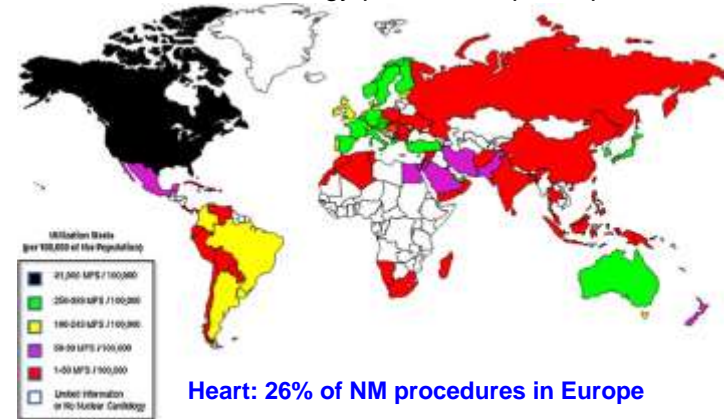


Ischemic heart disease

- diagnose by ECG and cardiac stress test with SPECT
- treatment by medication, angioplasty or bypass surgery



Nuclear cardiology procedures per capita



Heart: 26% of NM procedures in Europe

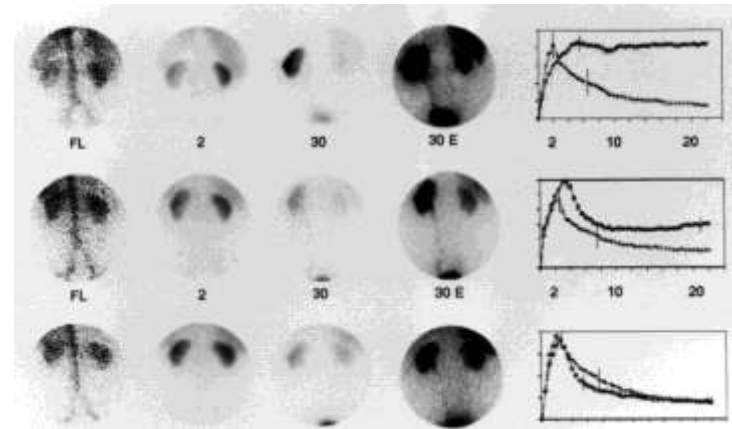
2007: 8.54M myocardial perfusion SPECT procedures reimbursed in the USA

J.V. Vitola et al., J Nucl Cardiol 2009;16:956.

Ischemic heart disease

age-standardized death rates (per year):
 US 1‰, UK/DE/DK/SE 0.9‰, CH/IT 0.6‰, FR 0.38‰

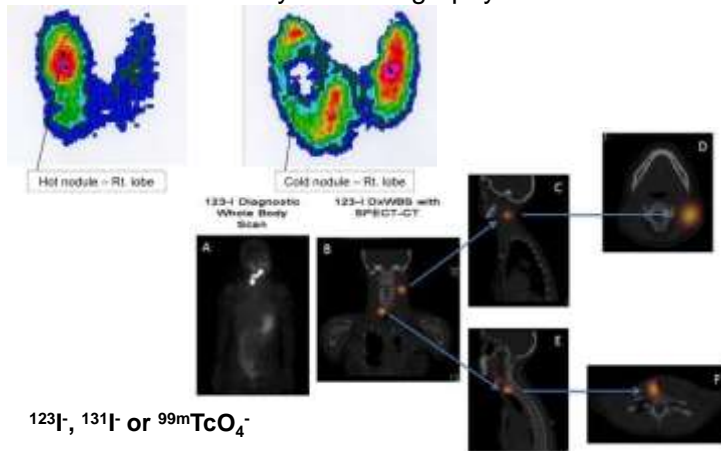
Scintigraphy



G.N. Sfakianakis et al. J Nucl Med 2000;41:1813.

Kidney: 13% of NM procedures in Europe

Thyroid scintigraphy

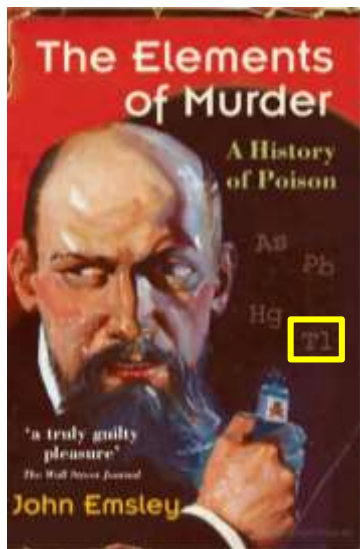


^{123}I , ^{131}I or $^{99\text{m}}\text{TcO}_4^-$

Thyroid: 12% of NM procedures in Europe

SPECT isotopes

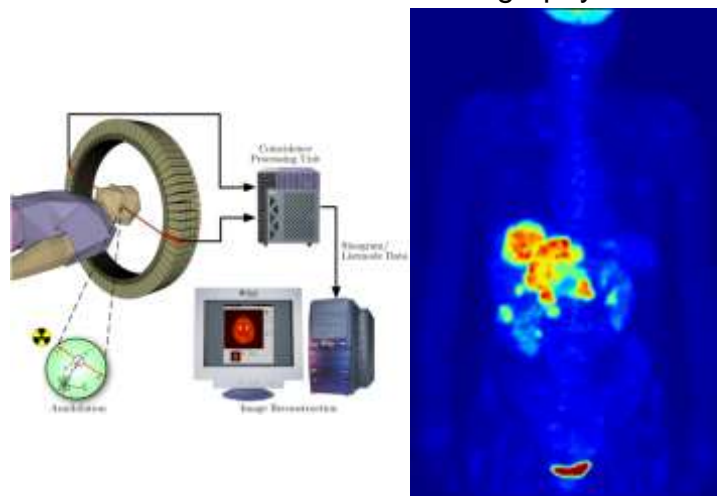
Radio-nuclide	Half-life (h)	E_γ (keV)	I_γ (%)	Decay type
Ga-67	78	93 185	42 21	EC
Kr-81m	0.004	190	64	IT
Tc-99m	6	141	89	IT
In-111	67	171 245	91 94	EC
I-123	13	159	83	EC
Xe-133	126	81	38	β^-
Tl-201	73	70 167	59 10	EC
I-131	192	364	82	β^-
Lu-177	161	113 208	6 10	β^-



Thallium for patients ?

- MBq to GBq activities correspond to ng to μg
- no chemical toxicity at this level
- provided stable isotopes are absent ("carrier-free") or relatively low abundant ("non-carrier-added")
- **high specific activity** is frequently a decisive quality criterion for nuclear medicine applications!

Positron Emission Tomography

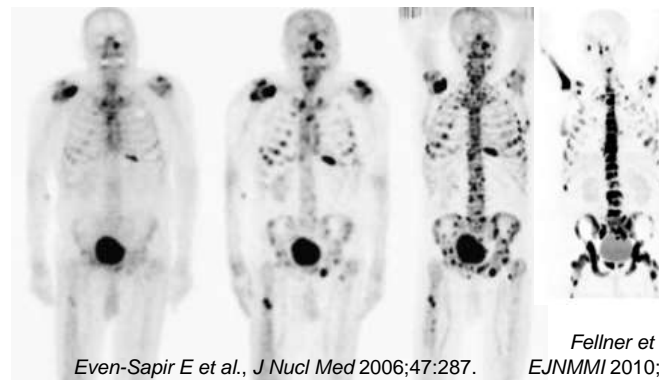


PET isotopes

Radio-nuclide	Half-life (h)	Intensity β^+ (%)	E mean (MeV)	Range (mm)
C-11	0.34	99.8	0.39	1.3
N-13	0.17	99.8	0.49	1.8
O-15	0.03	99.9	0.74	3.2
F-18	1.83	96.7	0.25	0.7
Ga-68	1.13	89.1	0.83	3.8
Rb-82	0.02	95.4	3.38	20

¹⁸F-Fluorodeoxyglucose (FDG)

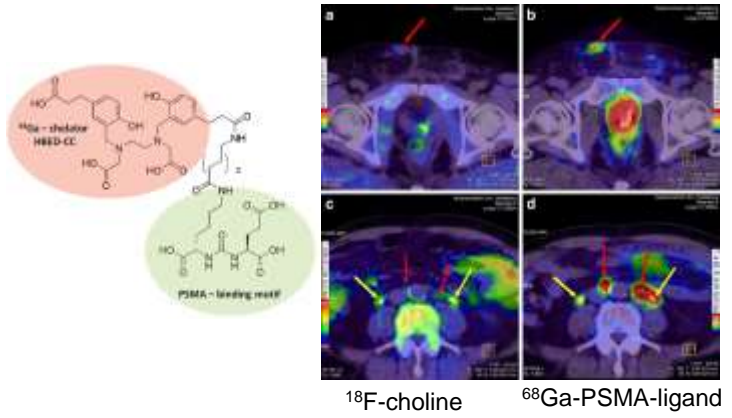
Bone scans for bone metastasis screening



^{99m}Tc-MDP planar ^{99m}Tc-MDP SPECT ¹⁸F- PET ⁶⁸Ga-BPAMD PET

Even-Sapir E et al., J Nucl Med 2006;47:287. Fellner et al., EJNMMI 2010;37:834.

Imaging of prostate cancer lesions

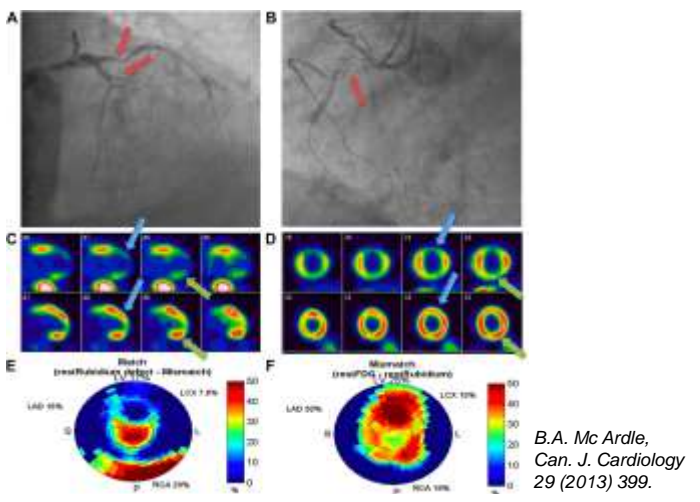


M Eder et al. *Bioconjugate Chem* 2012, 23:688.
 Ali Afshar-Oromieh et al. *Eur J Nucl Med Mol Imaging* 2014, 41:11.

PET isotopes

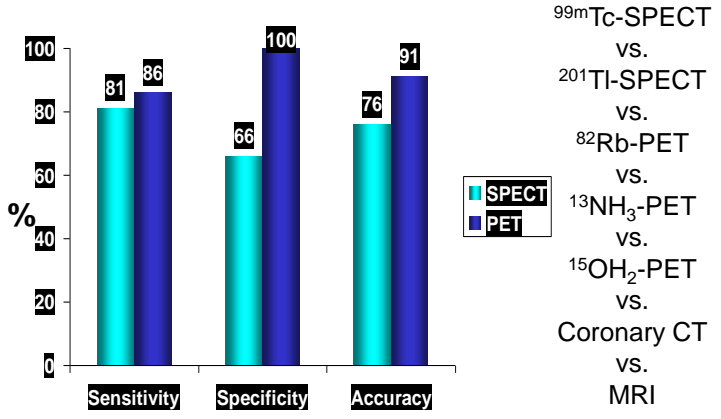
Radio-nuclide	Half-life (h)	Intensity β+ (%)	E mean (MeV)	Range (mm)
C-11	0.34	99.8	0.39	1.3
N-13	0.17	99.8	0.49	1.8
O-15	0.03	Mother isotope: 271 d	0.74	3.2
F-18	1.83		0.25	0.7
Ga-68	1.13	25 d	0.83	3.8
Rb-82	0.02		3.38	20

Cardiology applications



B.A. Mc Ardle, *Can. J. Cardiology* 29 (2013) 399.

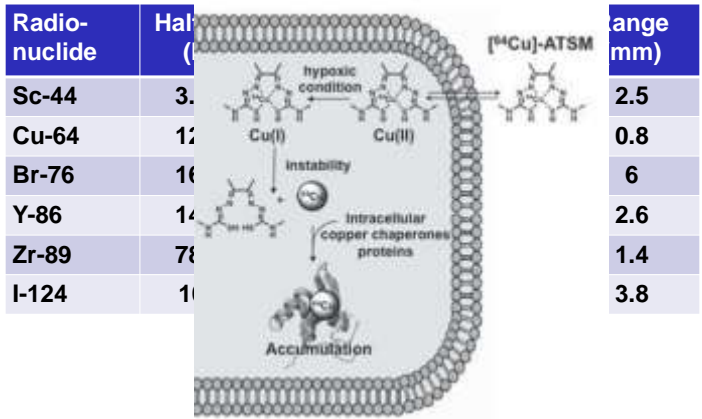
Diagnostic Accuracy: PET vs SPECT



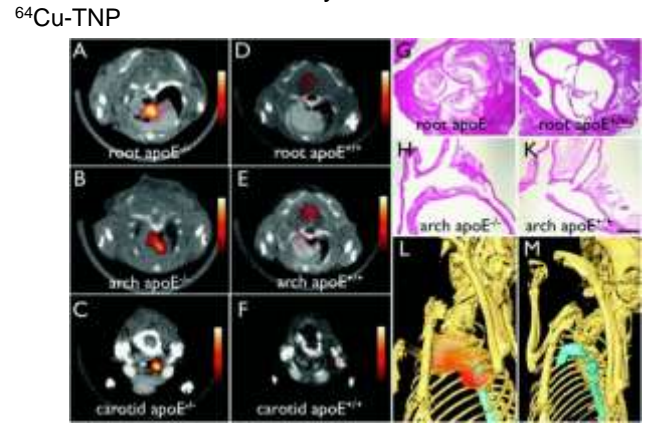
Bateman et al, *J Nucl Cardiol* 2006;13:24.

^{99m}Tc-SPECT vs. ²⁰¹Tl-SPECT vs. ⁸²Rb-PET vs. ¹³NH₃-PET vs. ¹⁵OH₂-PET vs. Coronary CT vs. MRI vs. echography

Longer-lived PET isotopes



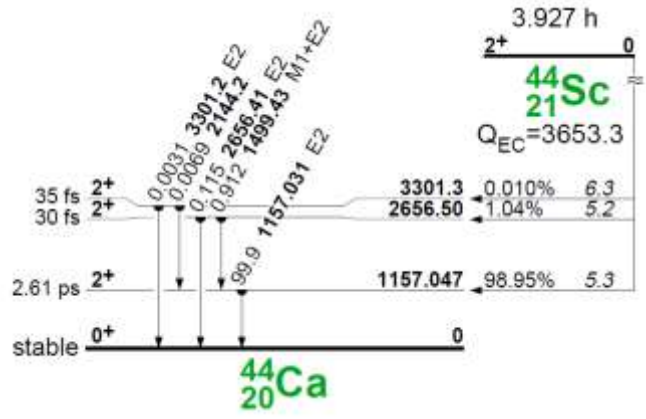
Nanoparticle PET-CT Imaging of Macrophages in Inflammatory Atherosclerosis



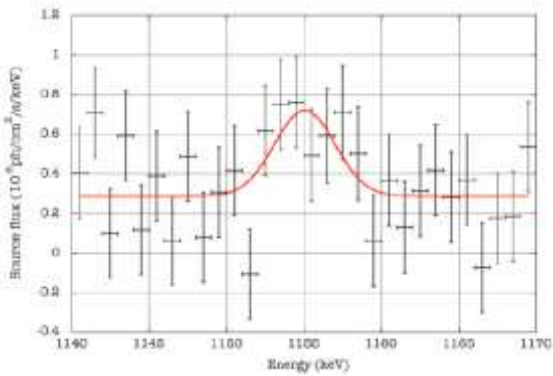
M Nahrendorf et al, Circulation 2008, 117:379.

Longer-lived PET isotopes

Radio-nuclide	Half-life (h)	Branching ratio β+ (%)	Branching ratio γ (%)	h ₁₀ (mSv/h/GBq)
Sc-44	3.97	94.3	101	0.324
Cu-64	12.7	17.6	0.5	0.03
Y-86	14.7	31.9	320	0.515
Zr-89	78.4	22.7	100	0.182
I-124	100.2	22.8	99	0.17
Tb-152	17.5	17	142	

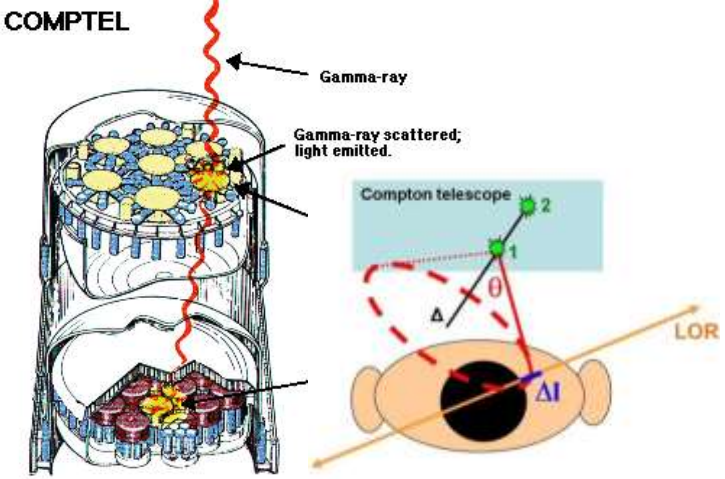


⁴⁴Sc in the universe

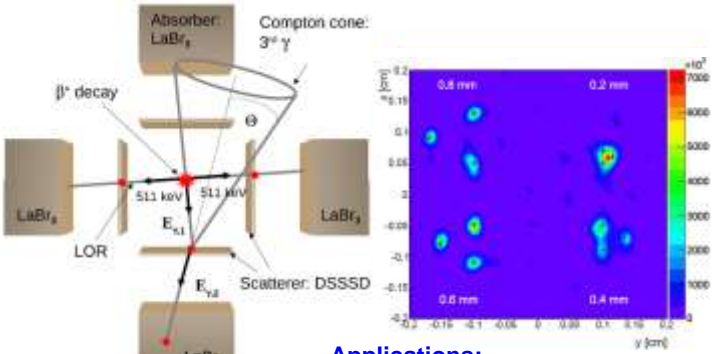


M. Leising, R. Diehl, PoS 2009.

Compton telescope

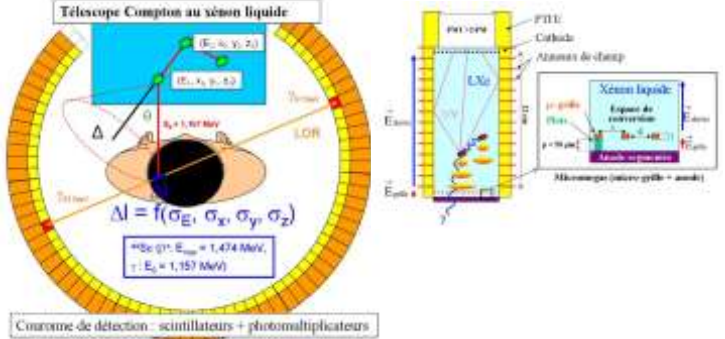


3-photon-camera: PET-SPECT



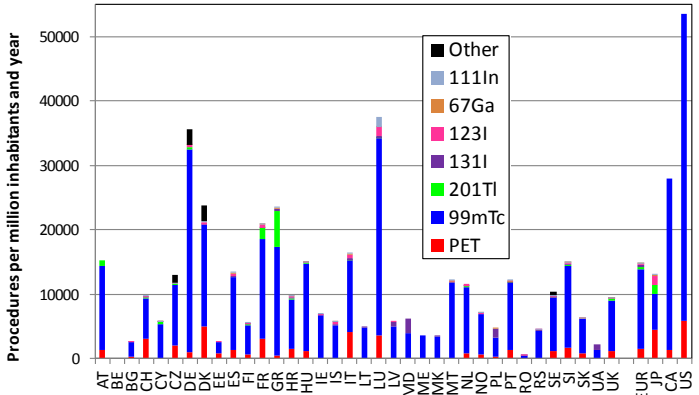
Applications:
³⁴Cl, ⁴⁴Sc, ^{44m}Sc, ⁵²Mn, ^{52m}Mn,
⁸⁶Y, ^{94g}Tc, ^{94m}Tc, ¹²⁴I, ¹⁰C, ¹⁴O
 C. Lang et al. JINST 2014;9:P01080.

XEMIS2 Xenon-TPC



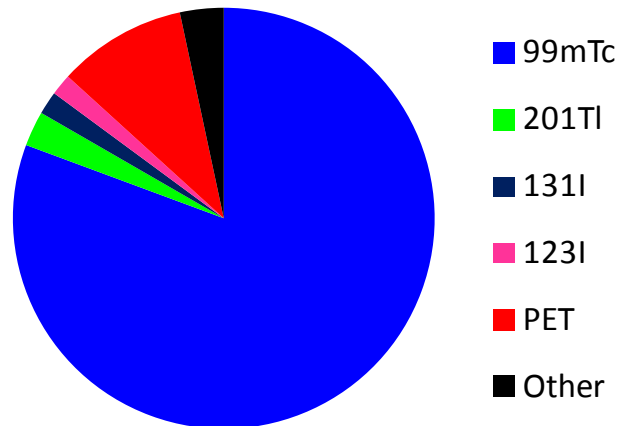
L. Gallego Manzano et al. Nucl Instr Meth A 2015;787:89.

Statistics of radionuclide use in Europe



Use of diagnostic isotopes in Europe, USA, Canada and Japan
<http://www.nupecc.org/npmed/npmed2014.pdf>

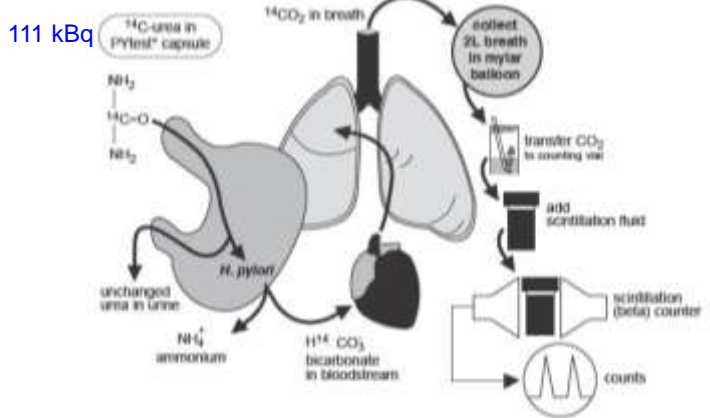
Cumulative use of diagnostic isotopes in Europe



<http://www.nupecc.org/npmed/npmed2014.pdf>

Radiotracer diagnostics without imaging

Helicobacter pylori: chronic stomach inflation (ulcers, pain)
 cause of 60-90% of all stomach cancers

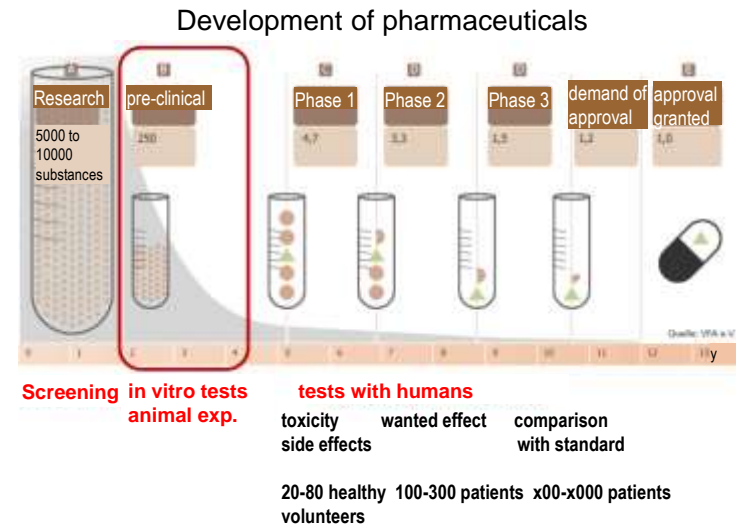


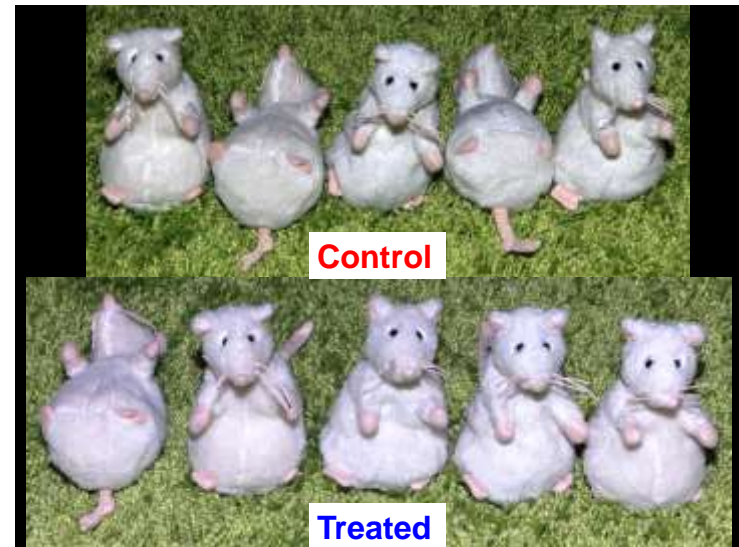
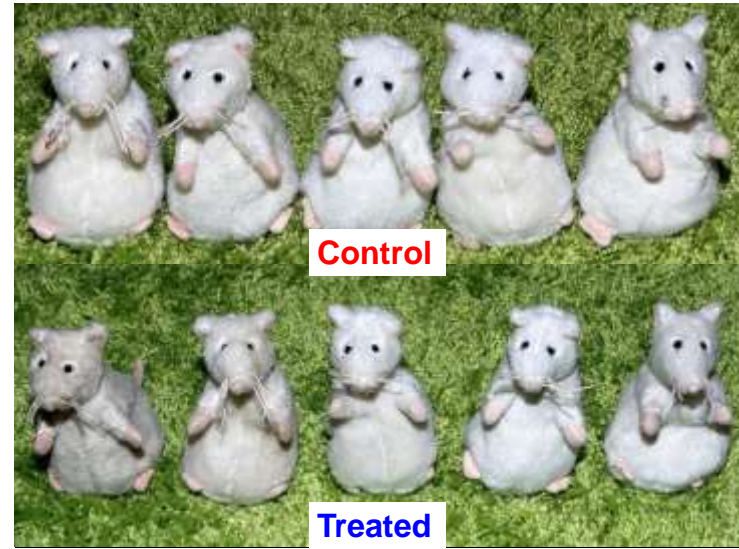
Why 111 kBq?

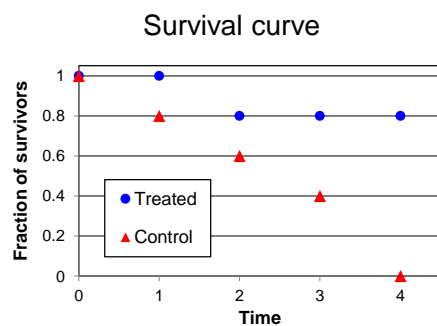
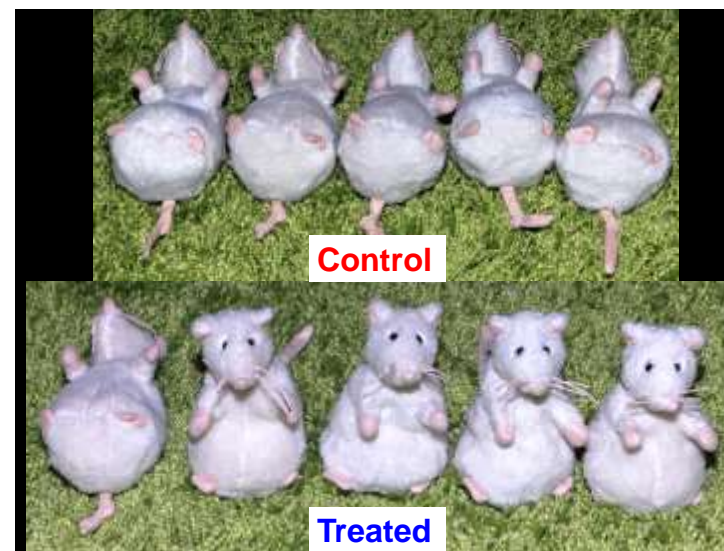
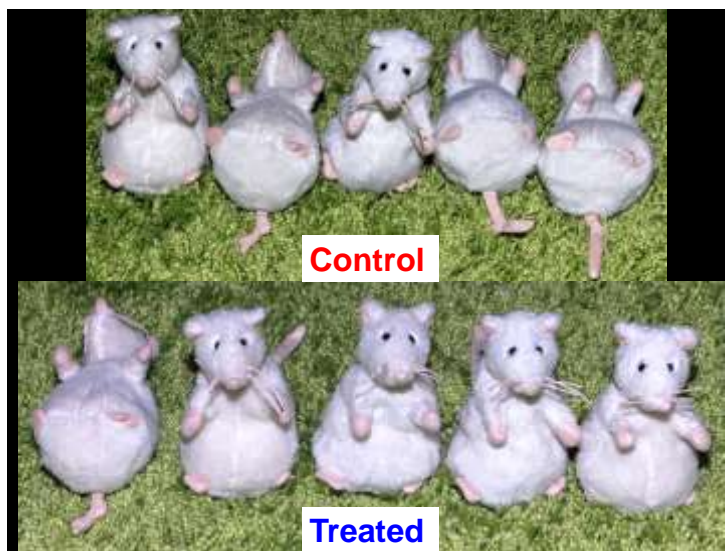
- 1 Ci = 37 GBq
- 1 mCi = 37 MBq
- 1 μCi = 37 kBq
- 3 μCi = 111 kBq



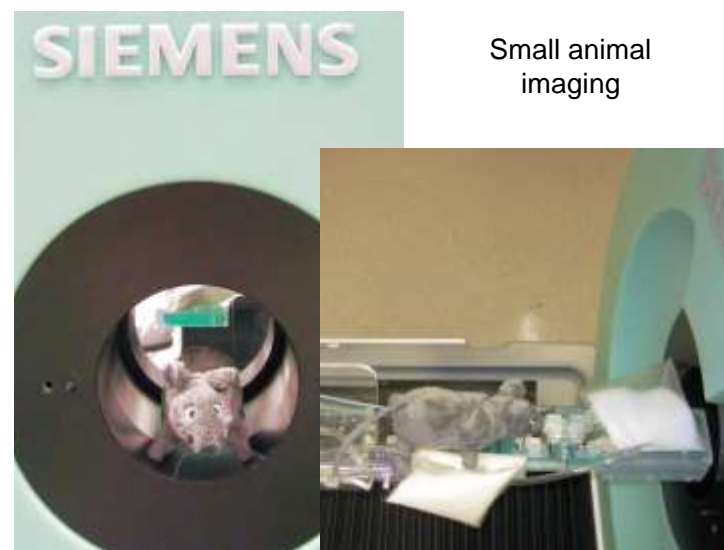
Molecular imaging without patients?



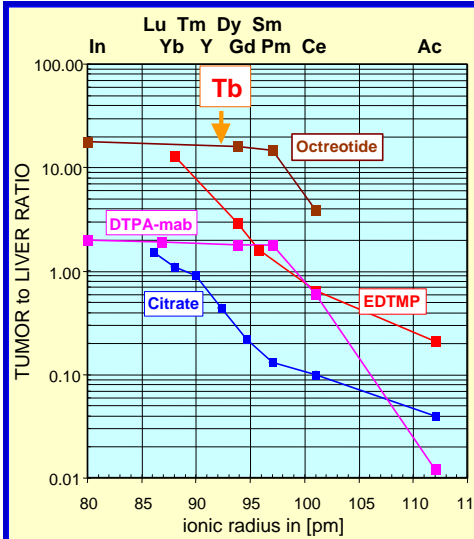
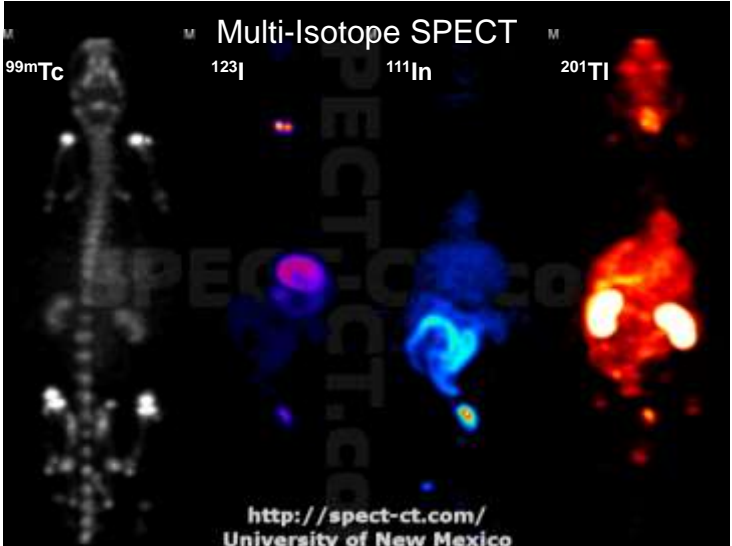
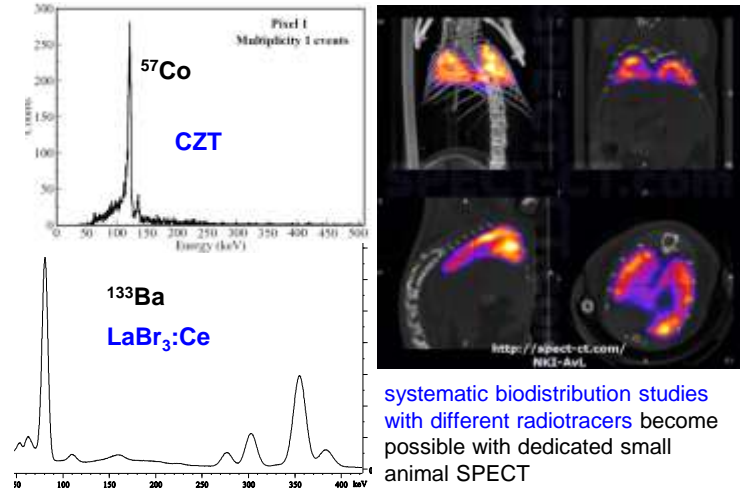




- medium survival time, median survival time, survival benefit
- shows final benefit but not detailed mechanism
- more information from [bio-distribution studies](#)
- preferentially [on-line with suitable radiotracers](#) and small animal SPECT or PET



New generation of small animal SPECT



Comparison of the **bio-distribution** of different **tumor seeking tracers** labeled with **radio-lanthanides, ^{225}Ac and ^{111}In**

free chelates:
Citrate
EDTMP

specific tracers:
Octreotide
and
Mab

Linker:
Aminobenzyl-DTPA

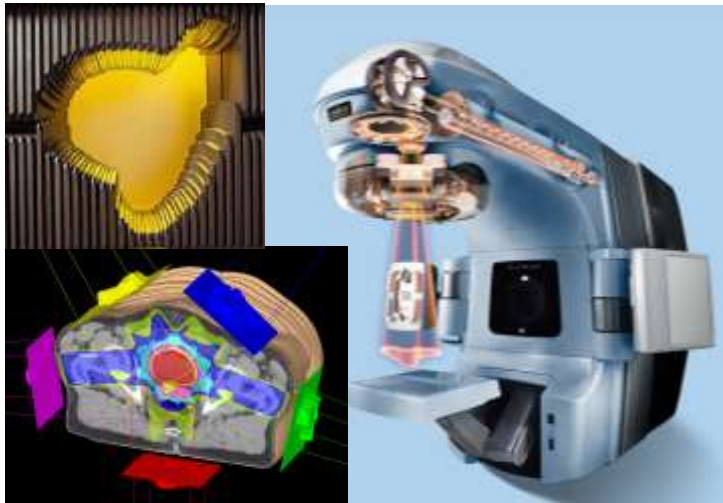
G.J.Beyer, *Hyperfine Interactions* **129** (2000) 529.

From diagnostics

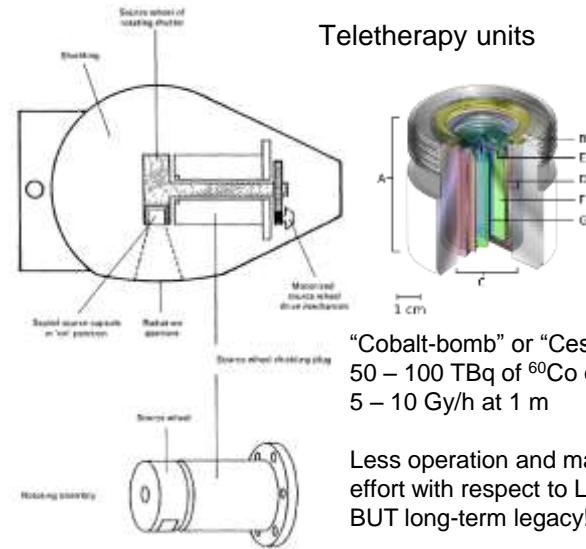


to therapy

EBRT (External Beam Radiation Therapy)



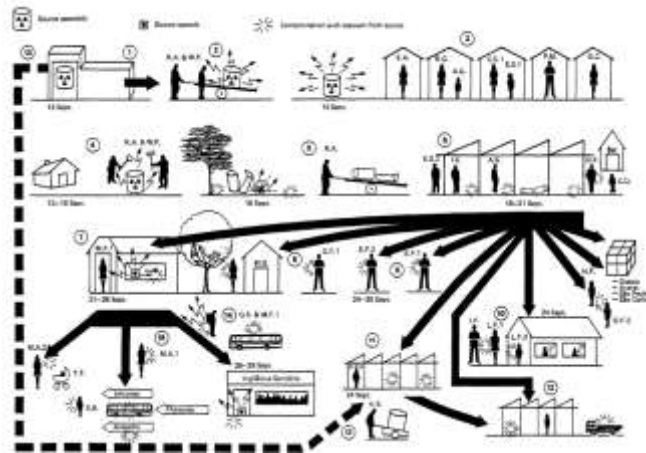
Teletherapy units



“Cobalt-bomb” or “Cesium-bomb”
 50 – 100 TBq of ^{60}Co or ^{137}Cs
 5 – 10 Gy/h at 1 m

Less operation and maintenance effort with respect to LINACs, BUT long-term legacy!

Civilian radiation accidents



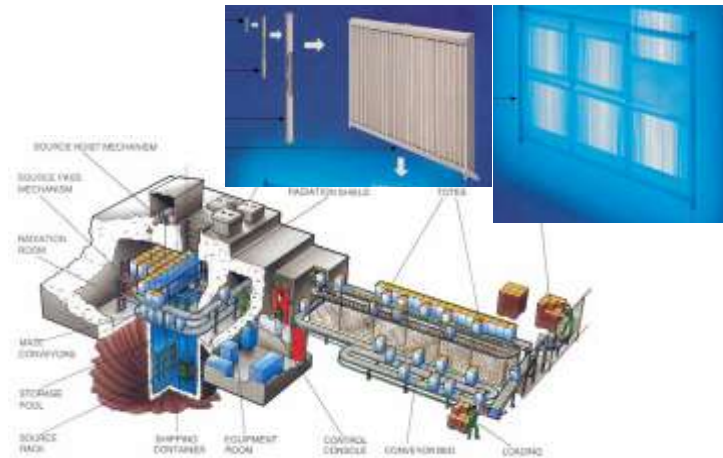
Goiania, Ciudad Juarez, Samut Prakan, etc.



10. A hole is made to remove a radiation box upon giving a dose rate of 0.3 Sv h^{-1} .

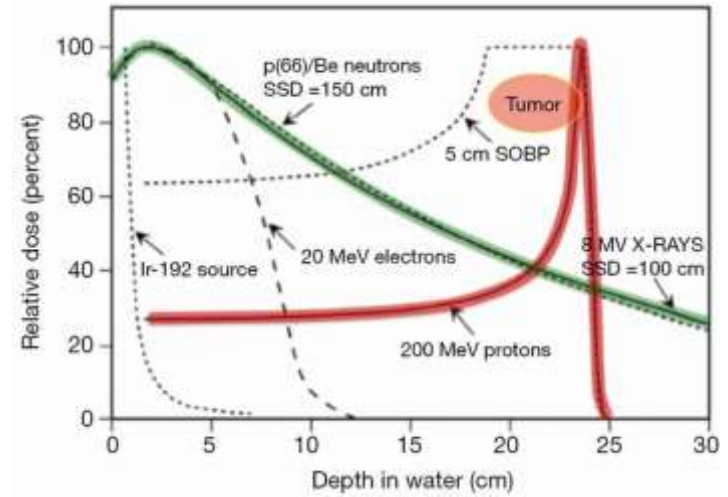


Parenthesis: Radiation Sterilization of Medical Devices

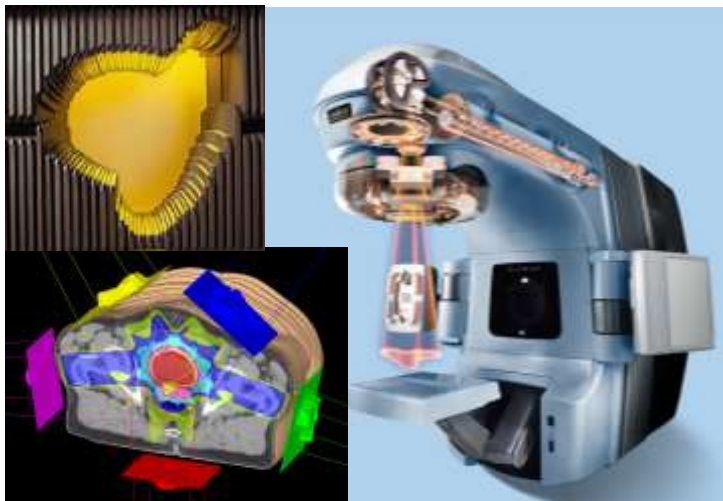


1 MCi = 37 PBq ^{60}Co sterilizes 650 kg/hour at 25 kGy

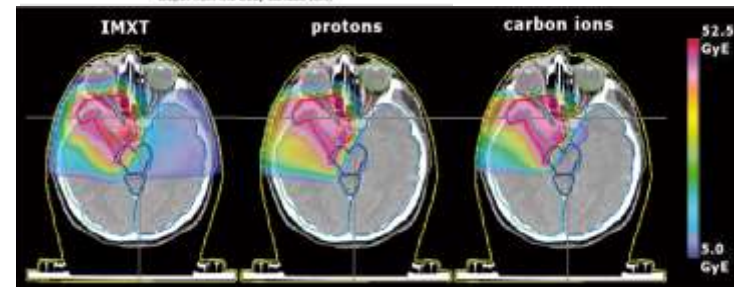
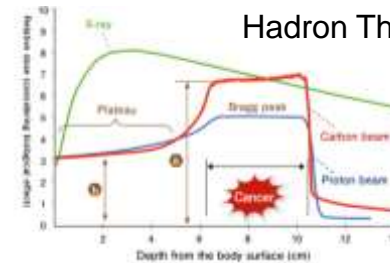
EBRT (External Beam Radiation Therapy)



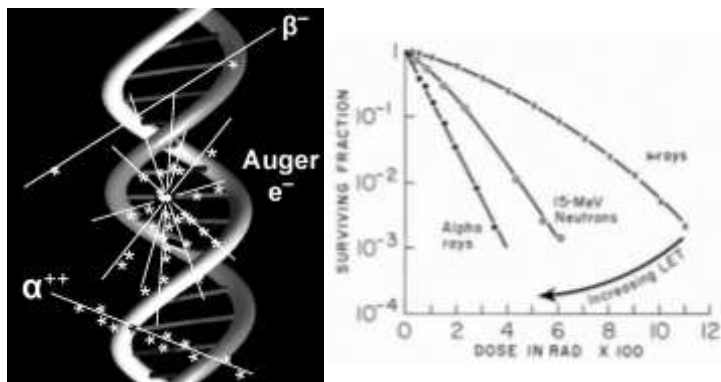
EBRT (External Beam Radiation Therapy)



Hadron Therapy



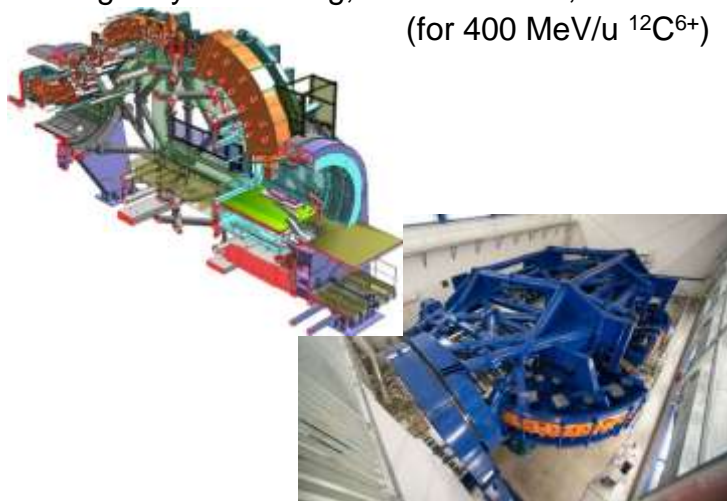
Effect of Linear Energy Transfer (LET) on cell survival



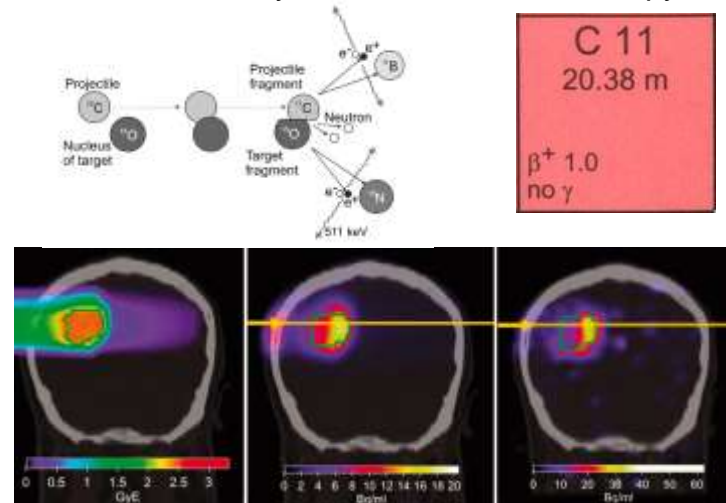
CNAO synchrotron: 78 m long, 25 m diameter (for 400 MeV/u $^{12}\text{C}^{6+}$)



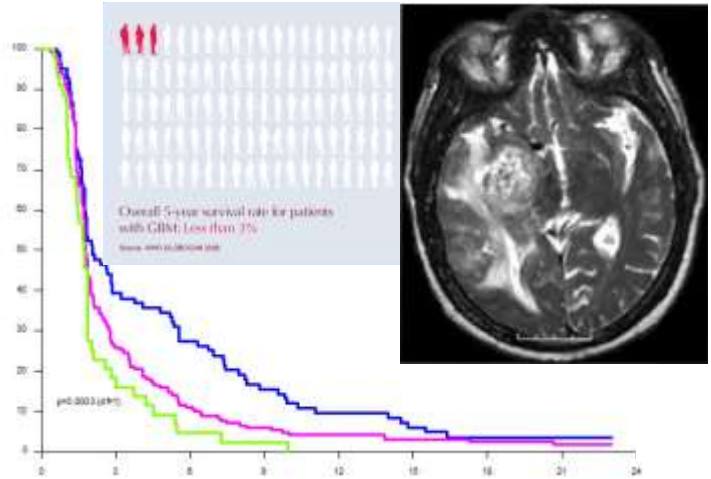
HIT gantry: 25 m long, 13 m diameter, 670 tons (for 400 MeV/u $^{12}\text{C}^{6+}$)



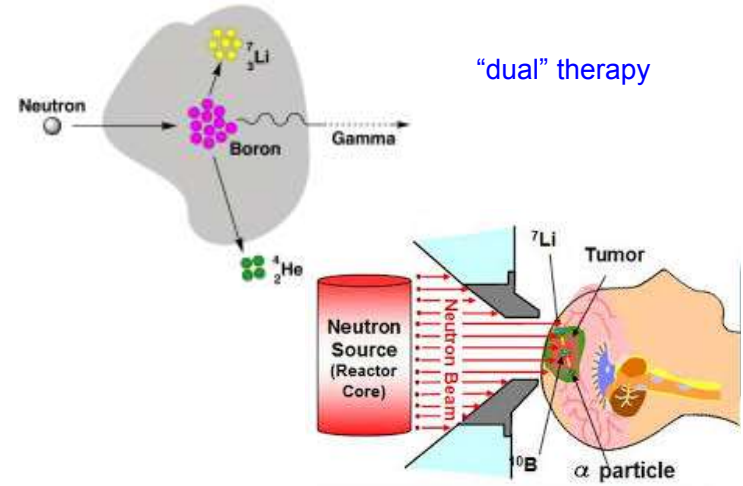
PET for Quality Control in Hadron Therapy



Glioblastoma multiforme

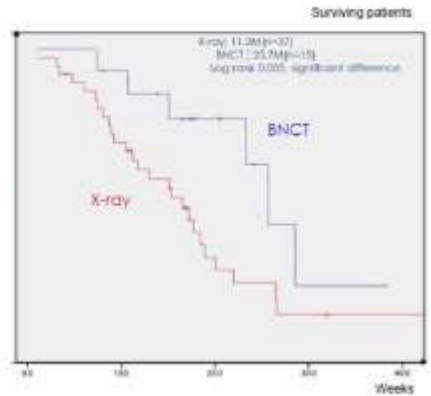


Boron Neutron Capture Therapy (BNCT)



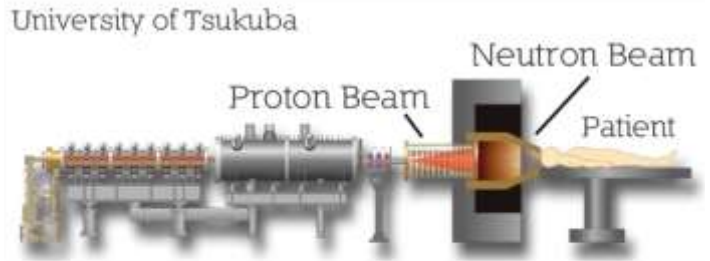
BNCT – does it work?

Glioblastoma treated at Tsukuba University
 conventional radiotherapy vs. BNCT
Conclusion: Results for BNCT were significantly better,



Wolfgang Sauerwein, Univ. Hospital Essen

Accelerator production of epithermal neutron beams

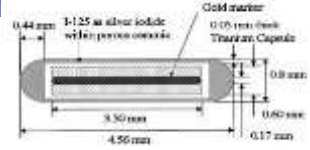


${}^7\text{Li}(p,n)$ or ${}^9\text{Be}(p,n)$ reactions with intense proton beams

Brachytherapy

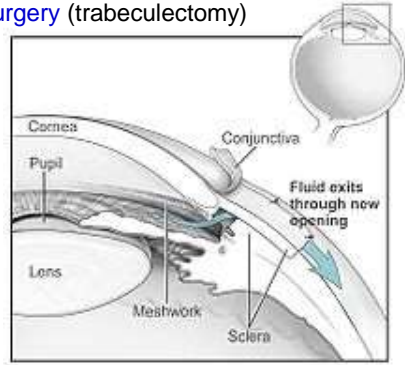
High Dose Rate (HDR) brachytherapy short-term insertion of ⁶⁰Co, ¹³⁷Cs, ¹⁶⁹Yb or ¹⁹²Ir sources

Low Dose Rate (LDR) brachytherapy long-term insertion of ³²P, ¹⁰³Pd, ¹²⁵I, ¹³¹Cs, etc. sources ("seeds")



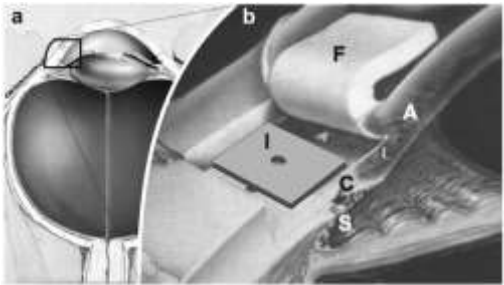
Glaucoma

- damage to optic nerve, often caused by high intraocular pressure (>30 mbar) => irreversible loss of vision
- incidence: 0.5% over 50 years, 10% over 80 years
- **second leading cause of blindness**
- treatment: **filtering microsurgery** (trabeculectomy)



Glaucoma

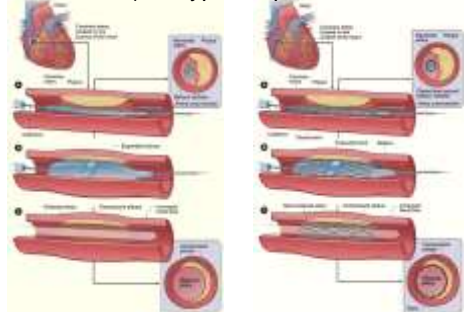
- hyperproliferation during wound healing closes channel => 30-40% failure in 5 years
- prevent by **low-dose rate-brachytherapy** (15 Gy at 1 mm in 7 d)
- 45 kBq of ³²P (14 d)
- ion-implanted at 2E12 ions/cm² into biodegradable polymer
- ³²P produced by reactor activation of ³¹P, off-line ion implantation



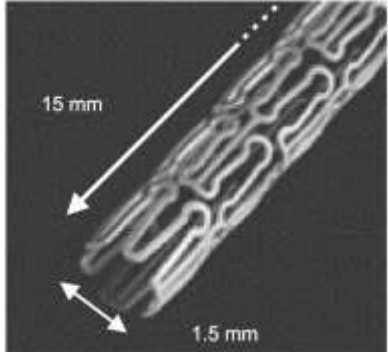
W. Assmann et al., Nucl. Instr. Meth. B257 (2007) 108.

Stenosis

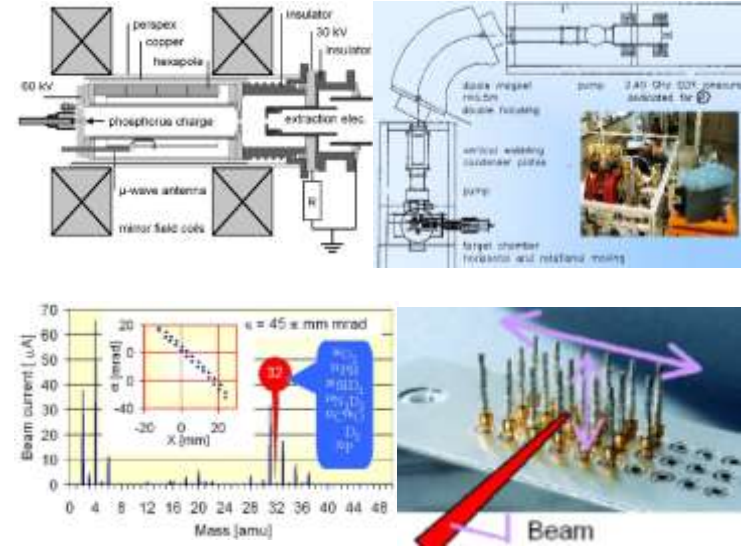
- constriction of blood vessels (due to diabetes mellitus, high blood pressure, high cholesterol level, nicotine consumption); 4.5 million patients in Germany
- arteries opened by balloon dilatation (angioplasty), sometimes with placement of stent (mainly coronary artery, usually not in extremities) or bypass operation



Radioactive ion implanted stents prevent restenosis

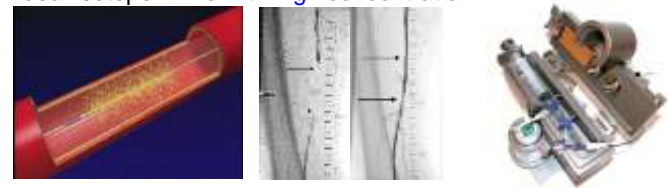


K. Schlösser and H. Schweickert, CAARI-16, AIP Conf. Proc. 576 (2001) 824.
 A.M. Jousset et al., Int. J. Radiation Oncology Biol. Phys. 49 (2001) 817.
 E. Huttel et al., Rev. Sci. Instr. 73 (2002) 825.
 M.A. Golombek et al., Nucl. Instr. Meth. B206 (2003) 495.
 W. Ensinger et al., Surface and Coatings Technology 196 (2005) 288.



Rhenium-PTA

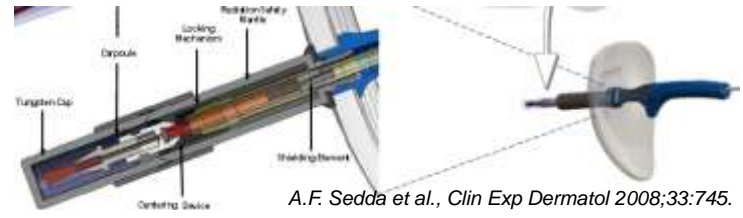
- frequent restenosis within few months due to deposition of vascular smooth muscle cells in intima (NIHA)
- repeated restenosis may lead to amputation of extremity: 60000 amputations/year in Germany (70% due to diabetes)
- alternative: PTA (percutaneous transluminal angioplasty), i.e. irradiation of cells after balloon dilatation prevents restenosis \Rightarrow ideal isotope ^{188}Re with high concentration



- clinical study in Augsburg: **13% restenosis in 16 months** versus **usually 50-75% in 6 months**
W.A. Wohlgemuth et al., J Cardiovascular Surgery 2010;51:573.

Rhenium skin cancer therapy

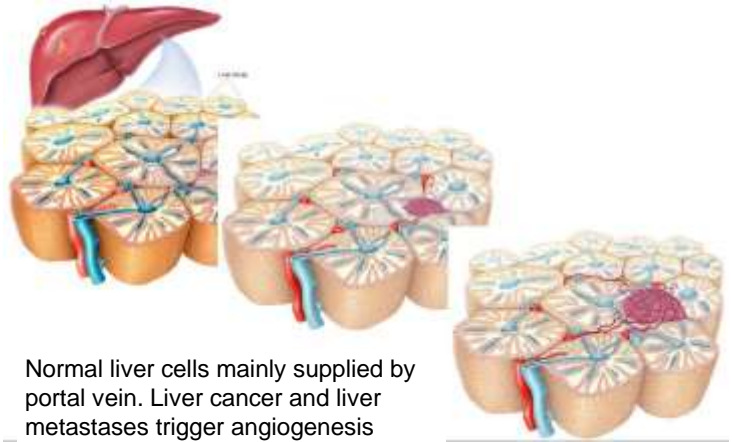
- non-melanoma skin cancer:
 - basal cell carcinoma and squamous cell carcinoma
 - in the Alps 20-30% lifetime risk to develop skin cancer



A.F. Sedda et al., Clin Exp Dermatol 2008;33:745.

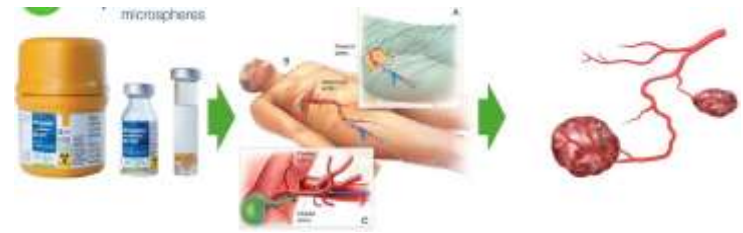
Medical applications of radioactivity

Liver cancer and liver metastases



Normal liver cells mainly supplied by portal vein. Liver cancer and liver metastases trigger angiogenesis (supply path from artery).

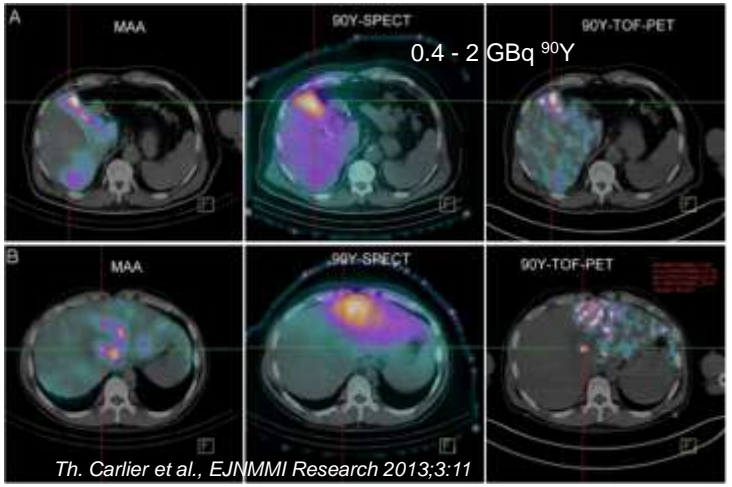
Selective Internal Radiation Therapy (SIRT)



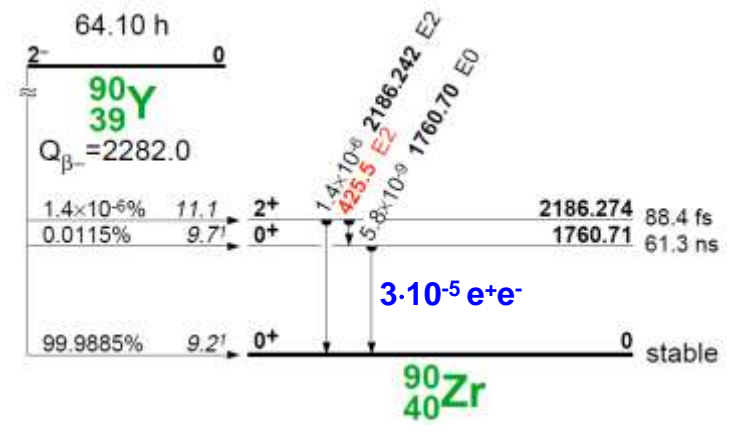
Radioembolization cuts supply lines of cancer while healthy liver remains supplied by port vein
⁹⁰Y-polymer or ⁹⁰Y-glass microspheres or ¹⁸⁸Re-Lipiodol



Imaging ⁹⁰Y via Bremsstrahlung-SPECT and PET



PET with a β⁻ emitter !

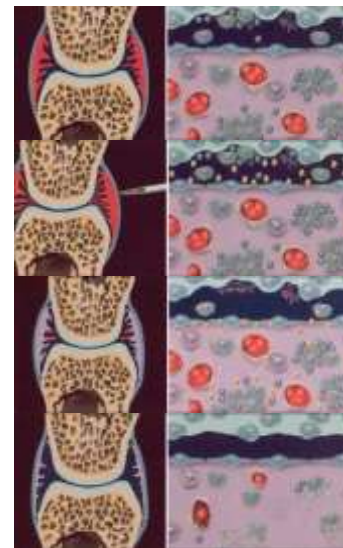


Medical applications of radioactivity

Different medical disciplines and professions

Physician	medical doctor (MD)
Radiology	uses X-rays (CT) or MRI for imaging
Radiation therapy	uses closed radioactive sources or electron/Bremsstrahlung beams or hadron beams for irradiation
Nuclear medicine	uses open radioactive sources for imaging or therapy
Technologist	maintains instruments, places patients
Medical physics	calculates and measures doses
Radiochemist	prepares radioisotopes for nuclear medicine
Radiopharmacist	prepares injectable radiolabeled molecules

Radiosynovectomy (radiosynoviorthesis)



Injection of radionuclide colloids
 Knee: ^{90}Y (185 MBq)
 Ankle/elbow/shoulder/wrist/hip: ^{186}Re (74-111 MBq)
 Finger: ^{169}Er (15-37 MBq)

L. Knut. World J Nucl Med 2015;14:10.

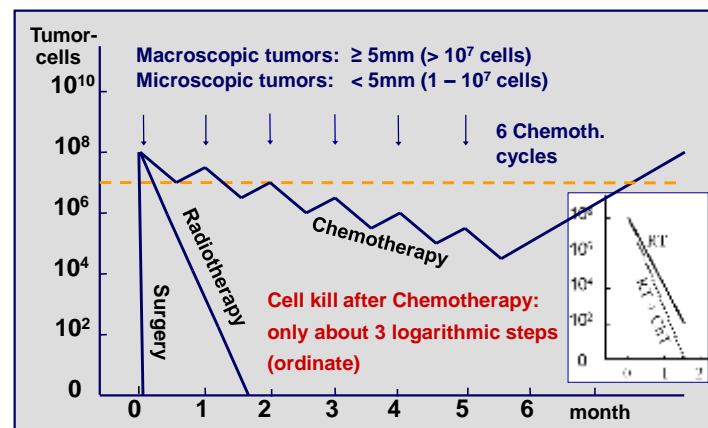
Cancer and efficiency of treatments

At time of diagnosis	Primary tumor	With metastases	Total
Diagnosed	58%	42%	100%
Cured by:			
Surgery	22%		
Radiation therapy	12%		
Surgery+radiation therapy	6%		
All other treatments and combinations incl. chemotherapy		5%	
Fraction cured	69%	12%	45%

Over **one million deaths per year** from cancer in EU.

- ⇒ improve early diagnosis
- ⇒ improve systemic treatments

Comparison of Therapies

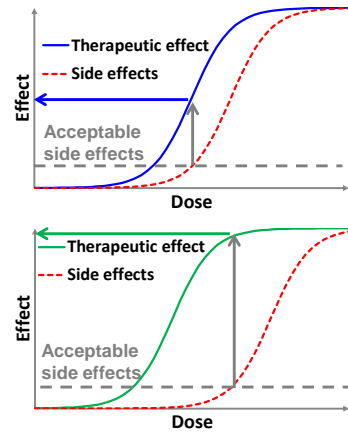


(Molls, TU München; according to Tannock: Lancet 1998, Nature 2006)

Targeted therapies

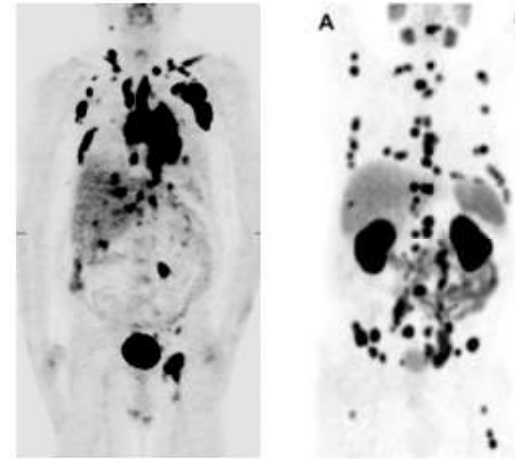


Paracelsus (1493-1541)
“All things are poison, and nothing is without poison; only the dose permits something not to be poisonous.”

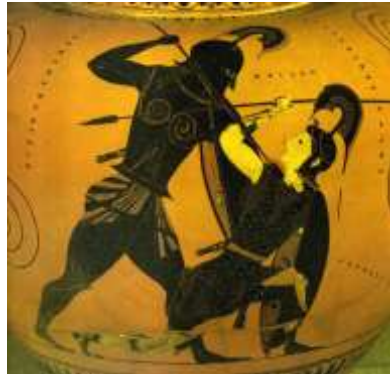


Selectivite targeting is essential to widen the therapeutic window!

How to treat such patients?

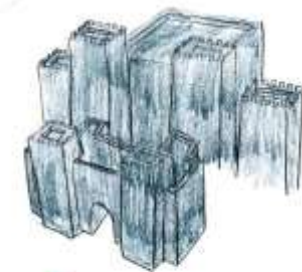
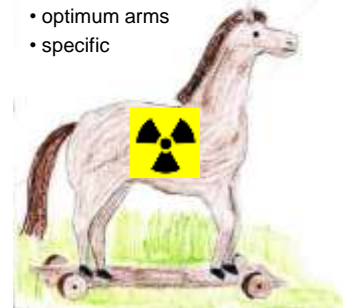


Learning from history



The principle of targeted therapies

- “attractive” vector > high uptake by the target
- transportable
- good in-vivo stability
- warriors “not visible”
- delayed uptake > suitable half-life
- limited space > high specific activity
- optimum arms
- specific



Metabolic targeting

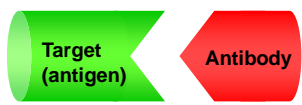


Thyroid cancer
¹²³I- for imaging
¹³¹I- for therapy

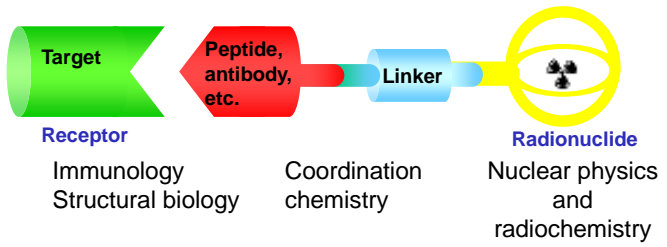
Bone metastases
 1.5 million patients world-wide
^{99m}Tc-MDP for SPECT imaging
¹⁸F- for PET imaging

Therapy
¹⁵³Sm-EDTMP (Quadramet)
⁸⁹Sr²⁺ (Metastron)
²²³Ra²⁺ (Xofigo/Alpharadin)

Immunology approach



Multidisciplinary collaboration to fight cancer



Nuclear medicine and medical physics

Structural Formula of DOTA-TOC/TATE

DOTA-TATE
 1,4,7,10-tetraazacyclododecetetraacetate

¹¹¹In ⁹⁰Y
⁶⁷Ga ¹⁷⁷Lu
⁶⁸Ga ²¹³Bi

IC₅₀ (Y^{III}) = 1.6 ± 0.4 nM
 Helmut Maecke, EANM-2007.

Universitätsspital Basel

Male
36 years of age

Small cell pancreatic neuroendocrine tumour
Liver metastases
Ki-67 index 10-15% (liver biopsy)

4 cycles with ¹⁷⁷Lu-octreotate and capecitabine

Partial remission

1st therapy 4th therapy

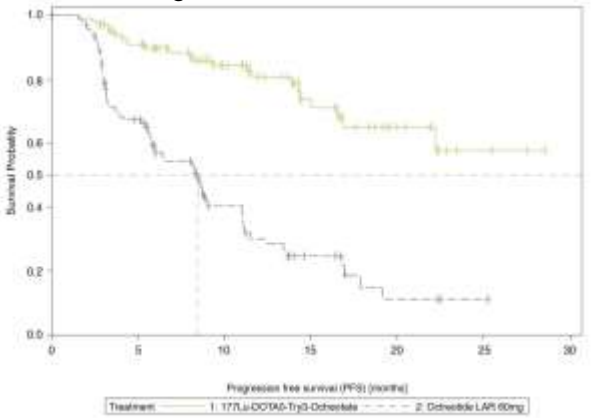
Roelf Valkema, EANM-2008.

What success does PRRT offer?

- ✓ CR+ PR + MR in about 50% of patients: **YES**
- ✓ Reduce symptoms and improve quality of life: **YES**
- ✓ Increase survival time: **YES**
- ✓ Safety and tolerability: **YES**

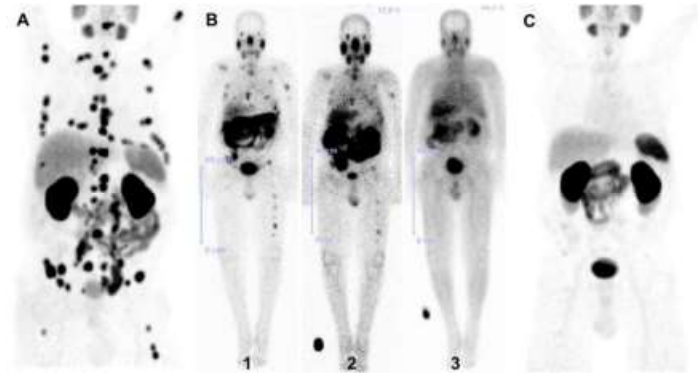
Roelf Valkema, EANM-2008.

¹⁷⁷Lu-Peptide Receptor Radionuclide Therapy of midgut neuroendocrine tumors



J. Strosberg et al., Results of the Phase III NETTER-1 Trial, ESMO, 27.9.2015

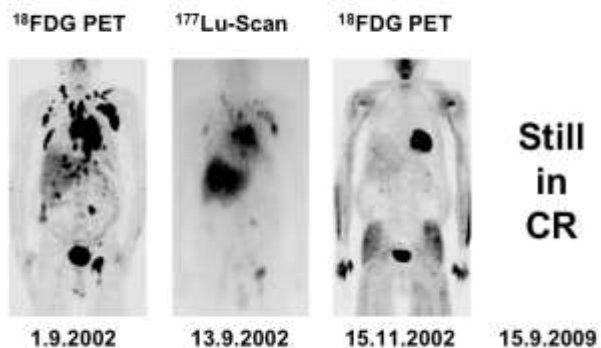
¹⁷⁷Lu-radioligand therapy of advanced prostate cancer



*R.P. Baum et al., J Nucl Med 2016;57:1006.
C. Kratochwil et al., J Nucl Med 2016;57:1170.
K. Rahbar et al., J Nucl Med 2017;58:85.*

Lymphoma therapy: RITUXIMAB+¹⁷⁷Lu

E.B., 1941 (m): UPN 6



F. Forrer et al., J Nucl Med 2013;54:1045.



Cost effectiveness ?

2010 TARMED prices:

650 mg rituximab 3939 CHF **16x rituximab 63024 CHF**
 1x Zevalin 24330 CHF **1x Zevalin is >2.6x cheaper!**
 (⁹⁰Y-anti-CD20-ibritimumab)
 6.2x more expensive?

"A single infusion of ZEVALIN matched roughly 16 infusions of rituximab in terms of achieving the same increase in progression free survival. I leave it up to the audience to draw conclusions about cost effectiveness. Thus, in conclusion, RIT represents the most effective single drug in the treatment of follicular NHL."

Dr. Anton Hagenbeek, the Academic Medical Center, Amsterdam, NL, on "Controversies in Follicular Lymphomas"

Radionuclides for targeted radionuclide therapy

Radio-nuclide	Half-life (d)	E mean (keV)	E _γ (B.R.) (keV)	Range	
Y-90	2.7	934 β	-	12 mm	Established isotopes
I-131	8.0	182 β	364 (82%)	3 mm	Established isotopes
Lu-177	6.7	134 β	208 (10%) 113 (6%)	2 mm	Emerging isotope

¹³¹I: radioprotection issues

364 keV gamma ray emitted with 82% B.R.

3.7 GBq patient dose ⇒ 0.2 mSv/h at 1 m

"hot zone" (IAEA/NRCP)

requires dedicated shielded treatment rooms





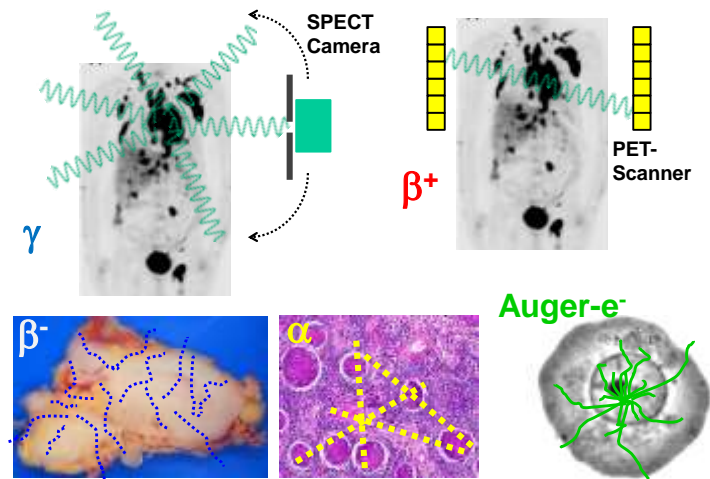
Radionuclides for targeted radionuclide therapy

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The rising star for therapy



The Nuclear Medicine Alphabet



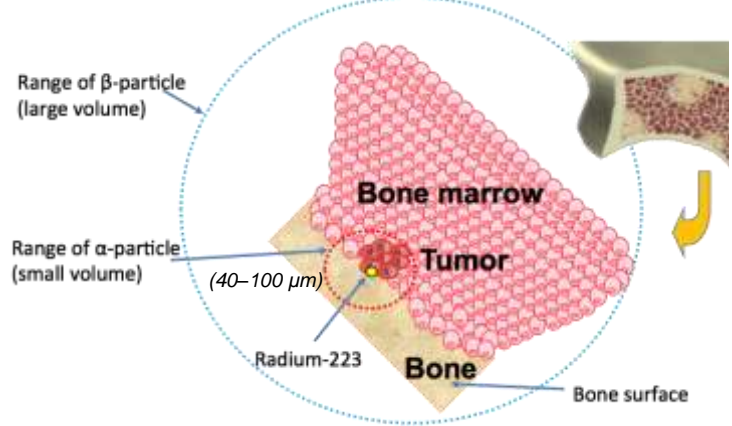
Medical applications of radioactivity

Radio-nuclide	Half-life	Daughters	Half-life	Cumulative α /decay	E_{α} mean (MeV)	Range (μm)
Tb-149	4.1 h			0.17	3.97	25
Pb-212	10.6 h	Bi-212	1.01 h	1	7.74	65
		Po-212	0.3 μs			
Bi-212	1.01 h	Po-212	0.3 μs	1	7.74	65
Bi-213	0.76 h	Po-213	4 μs	1	8.34	75
At-211	7.2 h	Po-211	0.5 s	1	6.78	55
Ra-223	11.4 d	Rn-219	4 s	4	6.59	>50
		Po-215	1.8 ms			
		Pb-211	0.6 h			
		Bi-211	130 s			
Ra-224	3.66 d	Rn-220	56 s	4	6.62	>50
		Po-216	0.15 s			
		Pb-212	10.6 h			
		Bi-212	1.01 h			
Ac-225	10.0 d	Fr-221	294 s	4	6.88	>50
		At-217	32 ms			
		Bi-213	0.76 h			
		Po-213	4 μs			

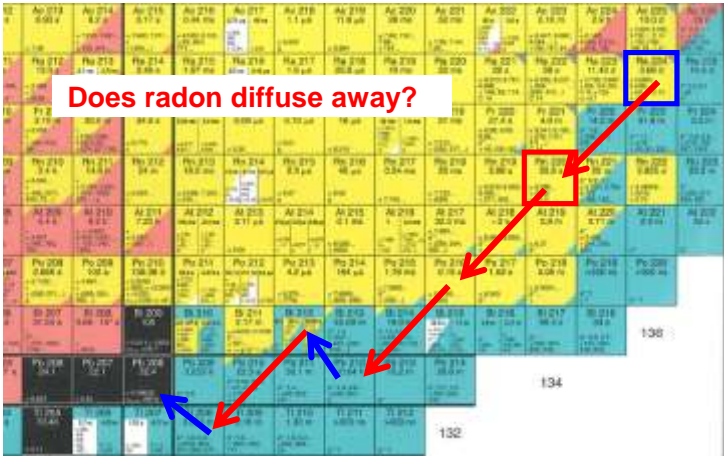
Isotopes for targeted alpha therapy



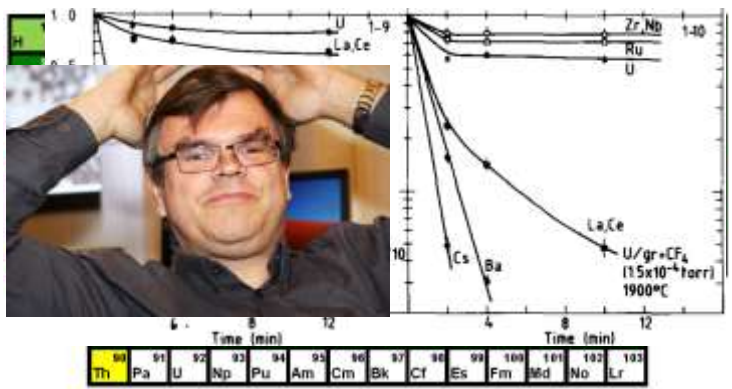
Alpha versus beta for therapy



Isotopes for targeted alpha therapy



Radioisotopes available at ISOLDE-CERN

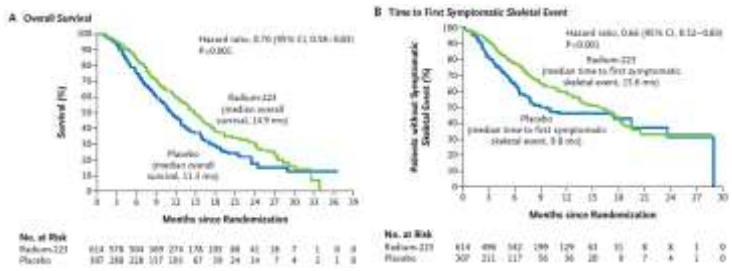


Diffusion and release measurements to develop new beams
e.g. P. Hoff et al., NIM 221 (1984) 313.

Isotopes for targeted alpha therapy



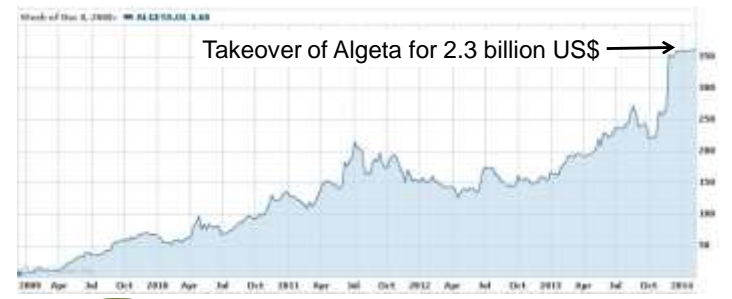
²²³Ra: Xofigo



C. Parker, S. Nilsson, D. Heinrich, S.L. Helle, J.M. O'Sullivan, S.D. Fossa, A. Choudhri, P. Winchoo, J. Logez, M. Sekic, A. Widmark, D.C. Johannesen, P. Husvik, D. Botteman, N.D. James, A. Solberg, T. Syrjäkylä, J. Kinnert, S. Wedel, S. Boehmer, M. Dall'Oglio, L. Franzén, R. Coleman, N.J. Vogelzang, C.C. O'Brien-Texas, K. Stauchbach, J. Garcia-Vargas, M. Shan, Ø.S. Bruland, and O. Sartor, for the ALSYMPCA Investigators*



Prospects of targeted alpha therapies ?



Discontinued radium applications

Plus de just contour sans de just effort

Evitez et combattez la TUBERCULOSE par la TUBERADINE (Antiseptique polairement radioactif)

Vous serez belle éternellement et toujours jeune... Madame, APPAREILS DE BEAUTE

GET NEXT TO NUXEY Ask for Nuxey by name

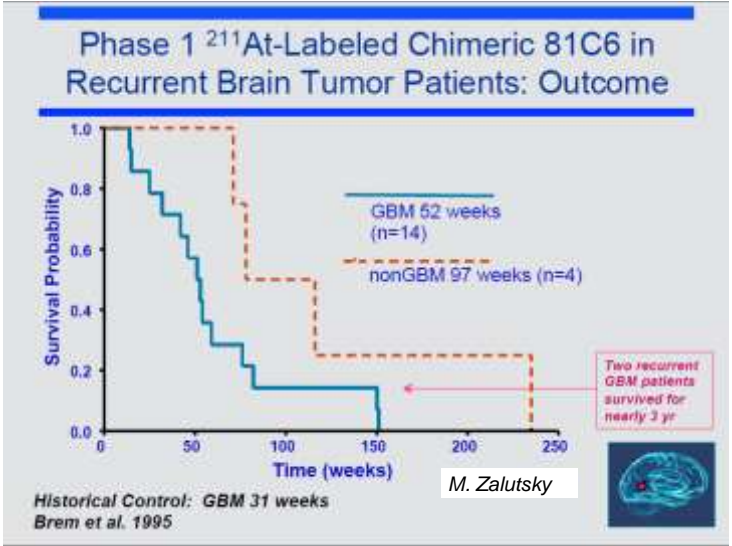
Rationale for α Emitters: Particle Range Maximizes Dose Deposition in Smaller Tumors

"Minimum residual disease settings are where targeted radiotherapy has the best opportunity of having a meaningful clinical impact"

Radio-nuclide	1-mm dia	0.2-mm dia
^{90}Y	9.7%	1.5%
^{131}I	54%	17%
^{211}At	90%	50%

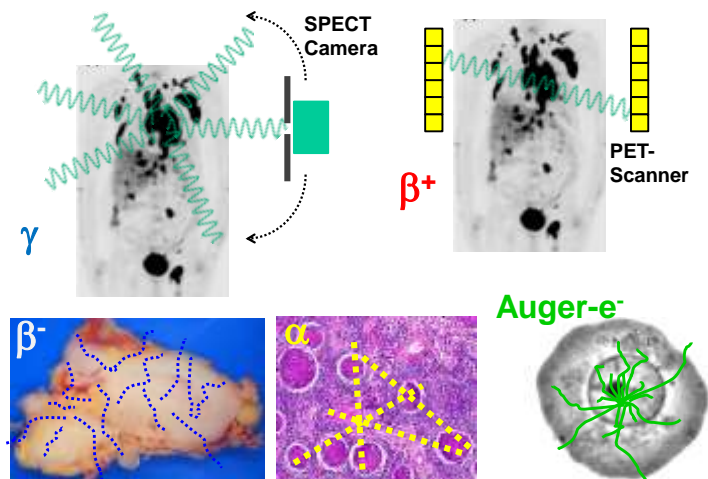
M. Zalutsky

For smaller tumors, use of short range alpha particles is optimal

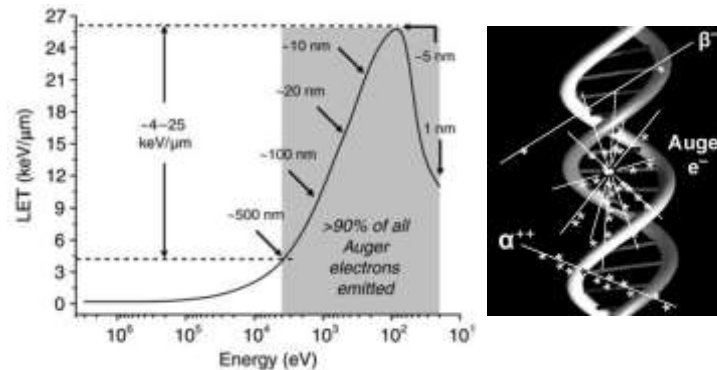


Astatine: a chemical hybrid – halogen/metalloid

The Nuclear Medicine Alphabet



Radiobiological effectiveness of Auger electrons



A.I. Kassis, Rad. Prot. Dosimetry 2011;143:241.

Auger therapy: a long-term project

The ideal agent for cancer therapy would consist of heavy elements capable of emitting radiations of molecular dimensions, which could be administered to the organism and selectively fixed in the protoplasm of cells one seeks to destroy. While this is perhaps not impossible to achieve, the attempts so far have been unsuccessful.

C. Regaud, A. Lacassagne, Radiophysologie et Radiotherapie 1927;1:95.



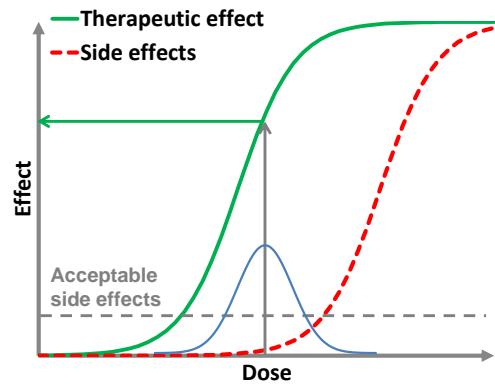
Radionuclides for RIT and PRRT

Radio-nuclide	Half-life	E mean (keV)	E _γ (B.R.) (keV)	Range
Y-90	64 h	934 β	-	12 mm
I-131	8 days	182 β	364 (82%)	3 mm
Lu-177	7 days	134 β	208 (10%) 113 (6%)	2 mm
Tb-161	7 days	154 β 5, 17, 40 e ⁻	75 (10%)	2 mm 1-30 μm
Tb-149	4.1 h	3967 α	165,...	25 μm
Ge-71	11 days	8 e ⁻	-	1.7 μm
Er-165	10.3 h	5.3 e ⁻	-	0.6 μm

↑ cross-fire
↑ Established isotopes
↑ Emerging isotopes
↓ R&D isotopes: supply-limited!
↓ localized

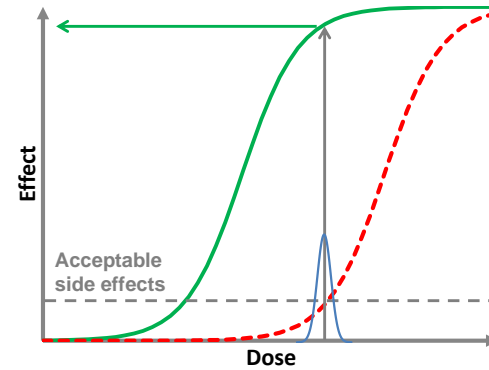
Modern, better targeted bioconjugates require shorter-range radiation ⇒ need for adequate (R&D) radioisotope supply.

Theranostics



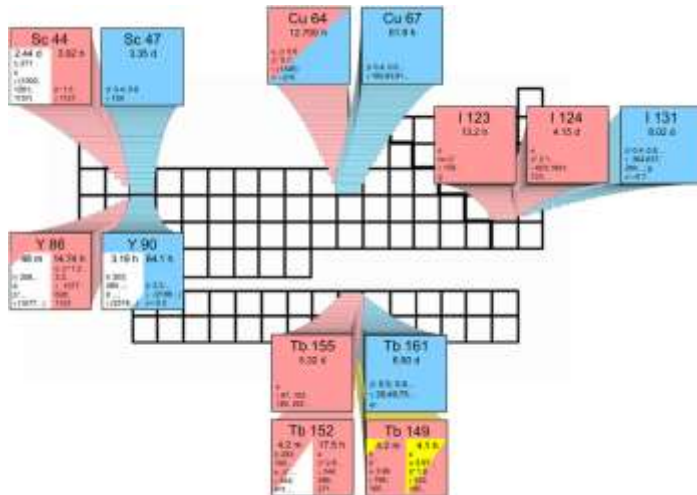
Accurate dosimetry is essential for optimum use of the therapeutic window.

Theranostics



Accurate dosimetry is essential for optimum use of the therapeutic window.

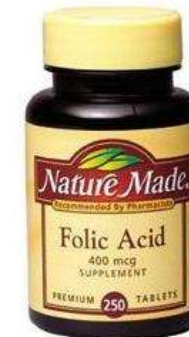
Matched pairs for theranostics



Folate-receptor positive cancers

Frequent overexpression of folate receptor in cancer of:

- ovaries
- cervix uteri
- lung
- kidney
- brain
- colon
- breast
- leukemia



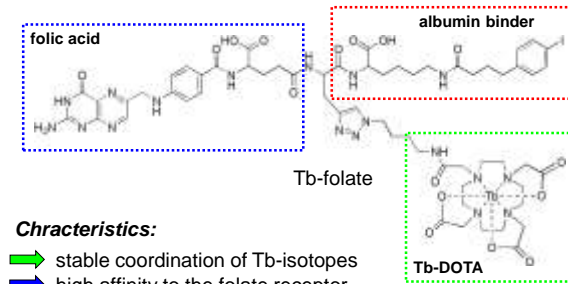
folic acid = vitamine B9

C. Müller, *Curr. Pharmaceut. Design* 2012;18:1058.

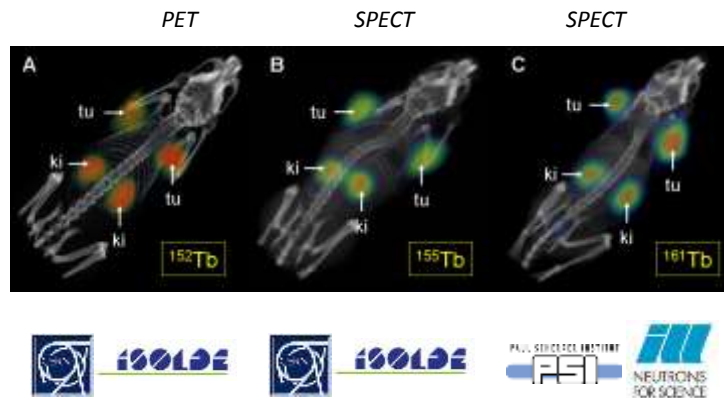
Terbium: a unique element for nuclear medicine



Tumor Targeting Agent for Tb-Coordination
Chemical Structure with 3 Functionalities

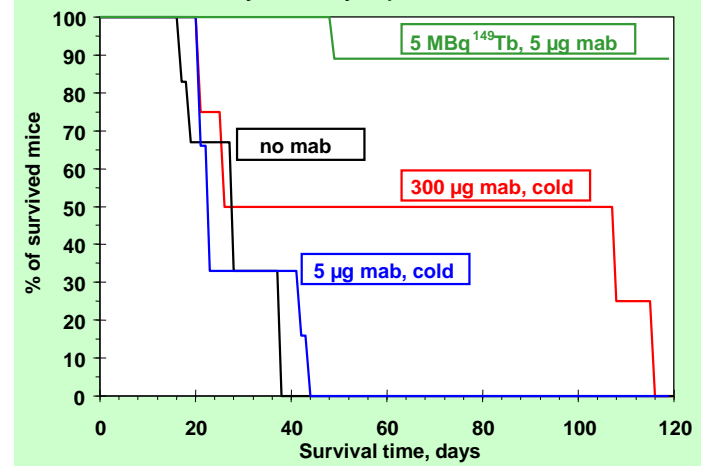


Theranostics with terbium isotopes



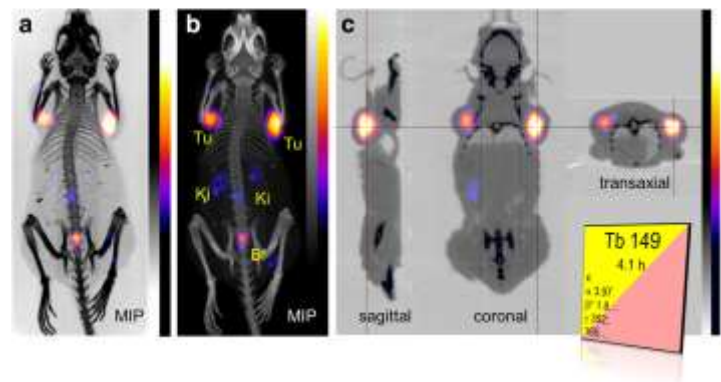
IS528 Collaboration: C. Müller et al., J. Nucl. Med. 2012;53:1951.

Preclinical study with lymphoma mouse model



G.J. Beyer et al., Eur J Nucl Med Molec Imaging 2004;31:547.

Alpha-PET with ¹⁴⁹Tb



C. Müller et al. EJNMMI Radiopharm Chem 2016;1:5.

Targeted radionuclide therapies in the clinic

Thyroid: ¹³¹I-
Lymphoma: Zevalin® (⁹⁰Y-mab), Bexxar® (¹³¹I-mab), ¹³¹I/¹⁷⁷Lu-mabs (I/II)
Bone metastases: Metastron® (⁹⁰SrCl₂), Quadramet® (¹⁵³Sm-EDTMP), Xofigo® (²²³RaCl₂)
Neuroblastoma: ¹³¹I-MIBG
Neuroendocrine (GEP-NET): ¹⁷⁷Lu-peptides (III), ⁹⁰Y-peptides
Liver (HCC): Theraspheres® & SIRspheres® (⁹⁰Y)
Prostate: ¹⁸⁸Re-Lipiodol (II), ¹⁷⁷Lu-mab (II), ¹⁶⁶Ho-microspheres
Colon & rectum: ¹⁷⁷Lu-PSMA, ¹³¹I-mab (II)
Kidneys (RCC): ⁹⁰Y/¹⁷⁷Lu-mab (I)
Melanoma: ²¹³Bi-mab(I)
Brain: ⁹⁰Y-mab, ¹³¹I-mab (I/II), ²¹¹At-mab (I), ²¹³Bi-pept.(I)
Leukemia, myeloma: ⁹⁰Y-mab, ²¹³Bi-mab (II), ²²⁵Ac-mab
Medullary Thyroid: ¹³¹I-mab (II), ⁹⁰Y-pept.
Breast: ⁹⁰Y-mab, ⁹⁰Y-pept., ²¹²Pb-mab (I)
Lung (SCLC): ¹⁷⁷Lu-mab (II)
Pancreas: ⁹⁰Y-mab (II)
Ovary: ²¹²Pb-mab (I), ⁹⁰Y/¹⁷⁷Lu-mab

Which radionuclides will we need for medicine in 2030 ?

BROOKHAVEN NATIONAL LABORATORY
MEMORANDUM

DATE: December 4, 1958

Today 30 million clinical applications per year !

TO: Addressees Below
 FROM: Daniel H. Schaeffer, Head
 SUBJECT: P-701 and P-702 - PREPARATION OF CARRIER-FREE MOLYBDENUM AND OF TECHNETIUM FROM FISSION PRODUCTS

The New York Patent Group has carefully studied the information available relative to the above-identified item. The AEC does not at present desire to prepare a patent application on this item for the following reason:

"The method of producing carrier-free molybdenum-99 from fission products is disclosed in U. S. Patent Application S.N. 732,108, Green, Powell, Samos & Tucker (SNL Pat No. 58-17). It is noted that molybdenum-99 may be separated from its radioactive daughter, technetium-99, by absorption of a solution of molybdenum-99 on alumina and subsequent elution of its daughter with .1 nitric acid. While this method is probably novel, it appears that the product will probably be used mostly for experimental purposes in the laboratory. On this basis, no further patent action is believed warranted."

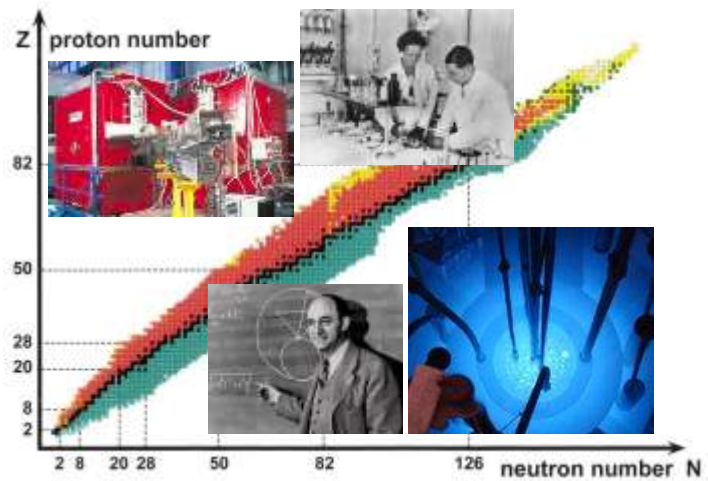
"... believe that this attitude is significant. We are not aware of a potential market for technetium-99 great enough to encourage one to undertake the risk of patenting in hopes of successful and rewarding licensing. We would recommend against filing on the Tucker, Greene and Murrenhoff separation process."

Radioisotope Production

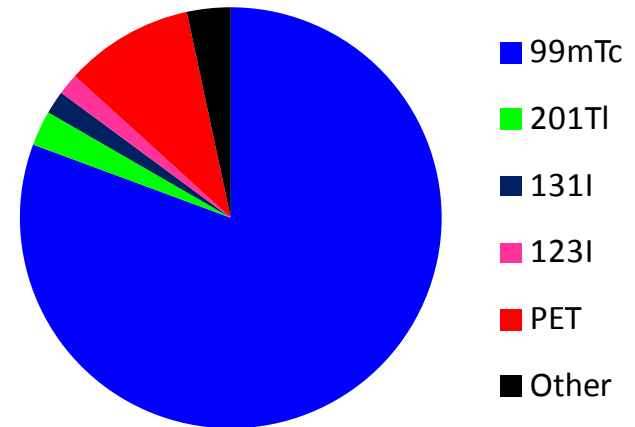
The Tordesillas meridian

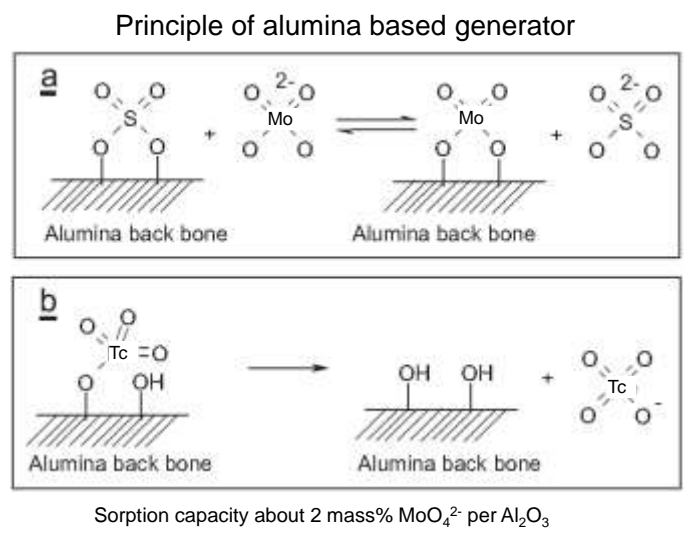
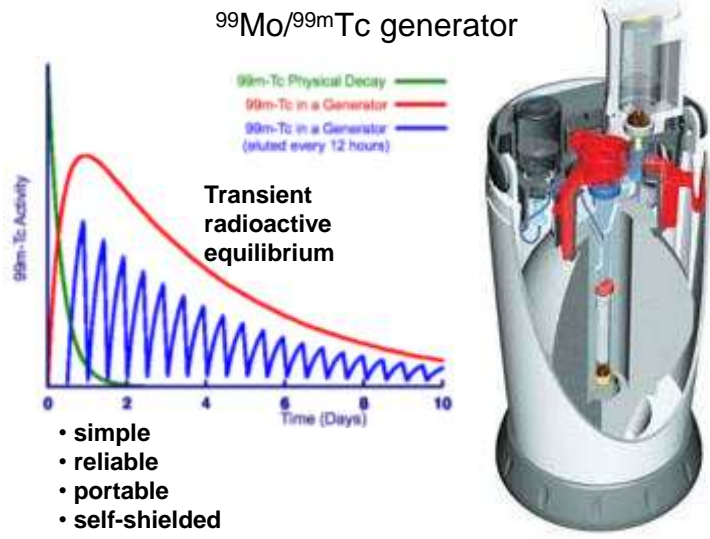


The Tordesillas meridian of radioisotope production



Cumulative use of diagnostic isotopes in Europe



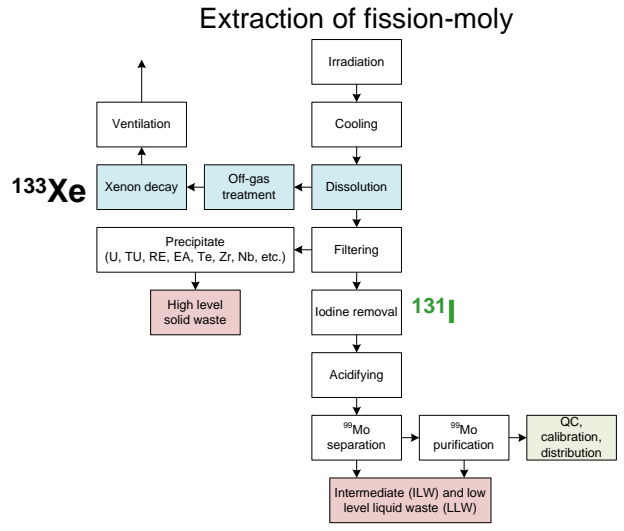


Fission production

Ru 94 57.8 m	Ru 95 1.00 h	Ru 96 5.54	Ru 97 2.9 d	Ru 98 1.87	Ru 99 12.79	Ru 100 12.65	Ru 101 77.20	Ru 102 31.65	Ru 103 39.85 d
Tc 93 153.9	Tc 94 60.6	Tc 95 60.1	Tc 96 2.01	Tc 97 4.21	Tc 98 4.2 · 10 ⁵ a	Tc 99 2.13 · 10 ⁵ a	Tc 100 15.8 h	Tc 101 14.2 m	Tc 102 150.7
Mo 92 14.77	Mo 93 1.01	Mo 94 9.28	Mo 95 16.90	Mo 96 16.68	Mo 97 9.36	Mo 98 34.19	Mo 99 66.0 h	Mo 100 9.07	Mo 101 14.6 m
Nb 91 90.9	Nb 92 34.9	Nb 93 10.15	Nb 94 1.84	Nb 95 35.04	Nb 96 34.9	Nb 97 23.4 h	Nb 98 3.8 · 10 ⁵ a	Nb 99 3.8 · 10 ⁵ a	Nb 100 14.6 m
Zr 90 51.45	Zr 91 11.22	Zr 92 17.15	Zr 93 1.5 · 10 ⁵ a	Zr 94 17.35	Zr 95 13.0 d	Zr 96 3.8 · 10 ⁵ a	Zr 97 3.8 · 10 ⁵ a	Zr 98 3.8 · 10 ⁵ a	Zr 99 3.8 · 10 ⁵ a
Y 89 15.7	Y 90 3.75	Y 91 3.82	Y 92 3.54 h	Y 93 10.1 h	Y 94 13.7 h	Y 95 10.3 m	Y 96 9.9	Y 97 3.8 · 10 ⁵ a	Y 98 3.8 · 10 ⁵ a

6.5% 6.0% 5.8% 6.1% 6.3%

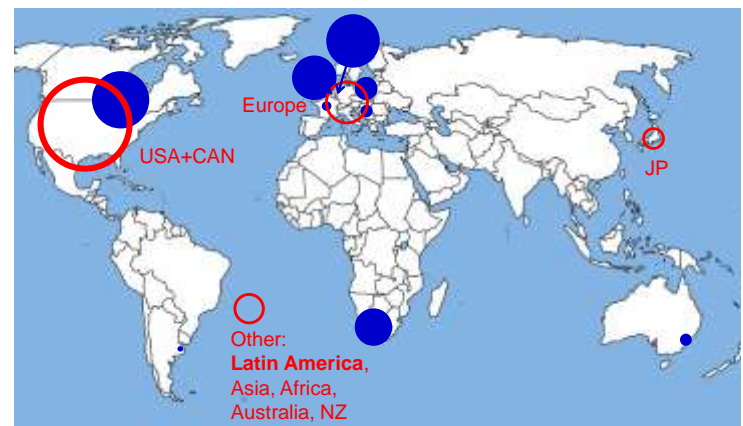
After irradiation, decay and chemical processing:
⁹⁹Mo/^{all}Mo ≈ 10%, i.e. 10% of theoretical specific activity 480 kCi/g



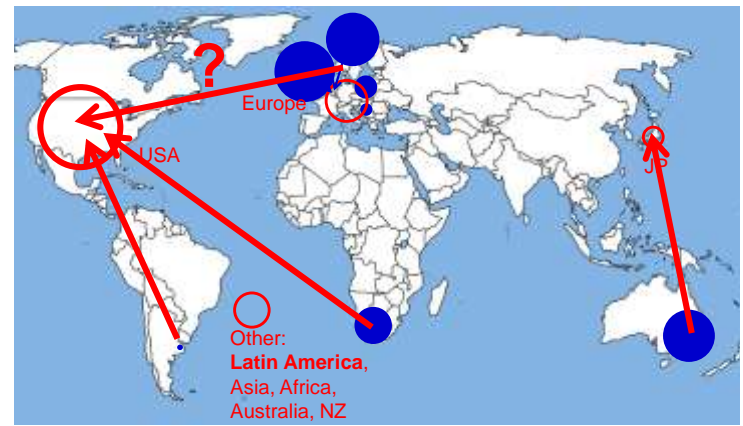
The traditional supply chain of ⁹⁹Mo/^{99m}Tc



2013: ⁹⁹Mo production capacity and demand



2017: ⁹⁹Mo production capacity and demand



Isotope shortage means a healthcare crisis

European hospitals cope with Mo-99 supply crisis **MOLYBDENUM SUPPLY crisis**

L'inquiétante pénurie d'isotopes pour l'imagerie

Engpässe in der Tumormedizin Medical isotope shortage reaches crisis level

Krebsärzten gehen die Diagnosemittel aus We Need to Expand Medical Isotope Production

ANALYSIS | **The made-in-Canada isotope shortage facing medical scans** Desperately Seeking Moly

Isotopes médicaux - Crise mondiale à l'horizon Aucune solution n'existe pour résoudre le problème d'approvisionnement

Isotope shortage to get worse with closing of more reactors

L'OCDE s'inquiète des risques de pénurie d'isotopes médicaux

Mangel an medizinisch verwendbaren Isotopen **Mo-99 crisis**

Szintigraphien fallen aus, für Februar droht der Notstand

Medical applications of radioactivity

Siemens broke ground last month on a \$75 million isotope production facility that looks out on the runways of Capital Region International. The company expects to move in by the end of the year, to make its first medical isotopes early next year, to be producing them commercially by early 2018. It expects to add 90 jobs to its 70-member staff in the process.

UBC SCIENTISTS HELP AVERT A NUCLEAR MEDICINE MELTDOWN
 Moly 99 reactor using Sandia design could lead to U.S. supply of isotope to track disease

January 6, 2011

Canada seeks to avoid medical isotope shortage, extends nuclear reactor
 Isotope breakthrough may stave off shortage concerns

MARCH 12, 2010 BY PAUL SARRIS

Coqui Pharma completes design of medical isotope facility
 Lab confirms new commercial method for producing medical isotope

APR 18, 2011

NorthStar Medical Radioisotopes ready to begin Mo-99 production

Michael Weber
 Aug 01, 2010

It Takes Two: GE Healthcare and SHINE team up to solve longstanding radiopharmaceutical supply concerns in medical imaging

Successful generation of Tc-99m is a supply chain advancement that can help ensure patient access for critical medical imaging scans.

CHALFONT ST. GILES, UK - 9 November 2013 - Technetium-99m (Tc-99m) is used in more than 40

New research reactors



All ways lead to Rome; many ways lead to ^{99m}Tc

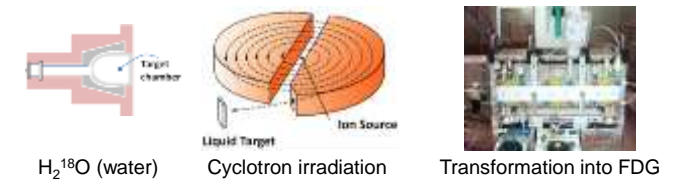
⁹⁹Mo production (for generator) direct ^{99m}Tc production

- ²³⁵U(n_{th},f)
- ²³⁸U(n_{fast},f)
- ²³⁸U(γ,f)
- ²³⁸U(p,f)
- ⁹⁸Mo(n,γ)
- natMo(n,γ)
- ¹⁰⁰Mo(d,p)
- ¹⁰⁰Mo(γ,n)
- ¹⁰⁰Mo(n,2n)
- ¹⁰⁰Mo(p,np)
- ⁹⁶Zr(α,n)
- ¹⁰²Ru(n,α)

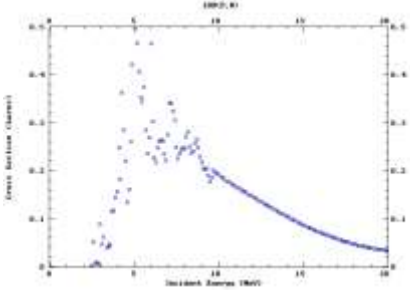


- ¹⁰⁰Mo(p,2n)
- natMo(α,x)
- ⁹⁸Mo(d,n)
- ⁹⁹Ru(n,p)

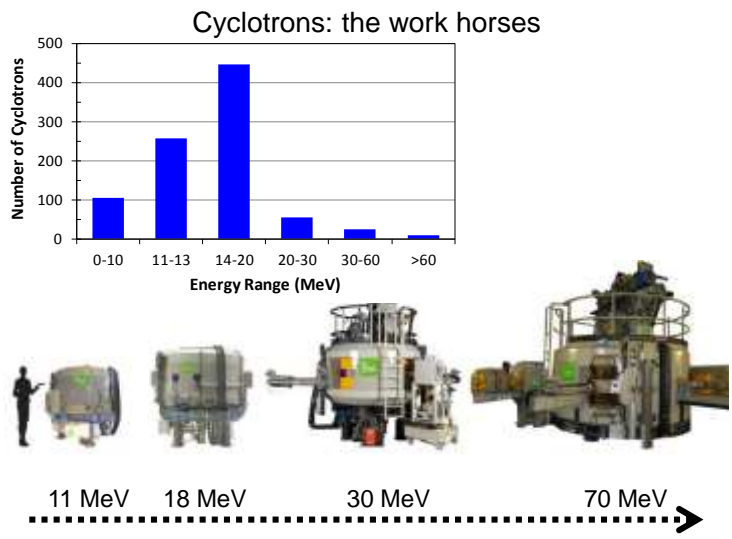
¹⁸F production via ¹⁸O(p,n)



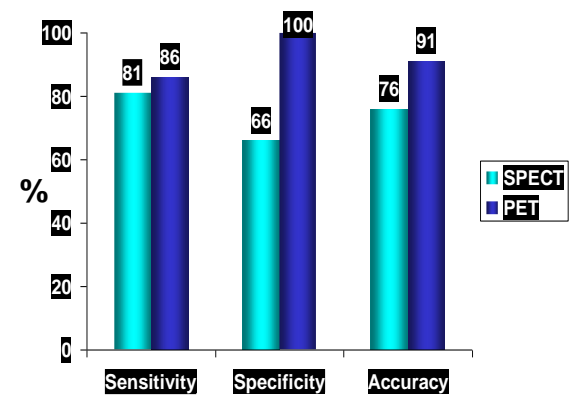
¹⁶ O 1.67 s n = 1042	¹⁷ O 4.8 s n = 1042	¹⁸ O 100.728 m n = 1042
¹⁶ F 64.5 s n = 1042	¹⁷ F 64.5 s n = 1042	¹⁸ F 109.773 m n = 1042
¹⁶ O 99.757 n = 0.00019	¹⁷ O 0.038 n = 0.0004	¹⁸ O 0.005 n = 0.0001E



Medical applications of radioactivity

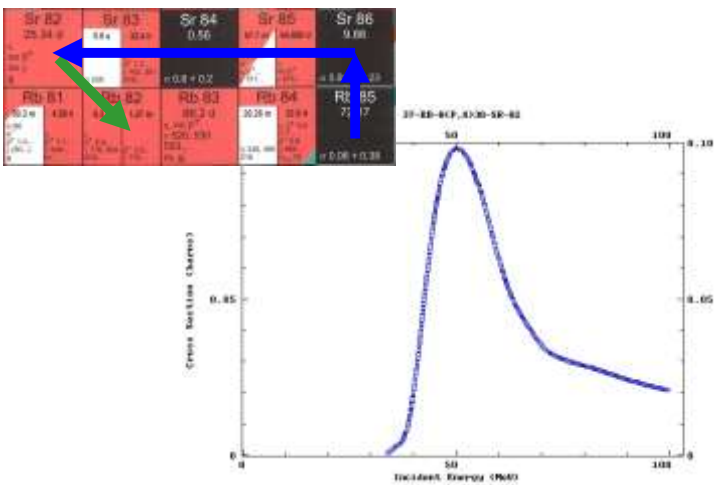


Diagnostic Accuracy: ⁸²Rb PET vs ^{99m}Tc SPECT



Bateman et al, J Nucl Cardiol 2006;13:24.

⁸²Sr production



Facilities producing ⁸²Sr

- BNL, USA – 200 MeV, 100 μ A
- LANL, USA – 100 MeV, 200 μ A
- INR, Russia – 160 MeV, 120 μ A
- TRIUMF, Canada – 110 MeV, 70 μ A
- iThemba, South Africa – 66 MeV, 250 μ A



Medical applications of radioactivity

Facilities producing ^{82}Sr

- BNL, USA – 200 MeV, 100 μA
- LANL, USA – 100 MeV, 200 μA
- INR, Russia – 160 MeV, 120 μA
- TRIUMF, Canada – 110 MeV, 70 μA
- iThemba, South Africa – 66 MeV, 250 μA
- ARRONAX, France – 70 MeV, < 750 μA
- SPES, Italy – 70 MeV, < 1000 μA
- Zevacor, USA – 70 MeV, < 750 μA
- ZDNM, Russia – 70 MeV, < 750 μA



The rising star for therapy



Production of ^{177}Lu

Ta 175 10.5 h	Ta 176 8.1 h	Ta 177 56.6 h	Ta 178 825.7 - 245 s	Ta 179 665 d	Ta 180 0.012 s	Ta 181 99.988
Hf 174 0.16	Hf 175 70.0 d	Hf 176 5.29	Hf 177 1.15	Hf 178 4.07	Hf 179 18.7	Hf 180 31.0
Lu 173 1.37 a	Lu 174 3.31 a	Lu 175 97.41	Lu 176 2.59	Lu 177 6.73 d	Lu 178 22.7 m	Lu 179 39.4 m
Yb 172 21.83	Yb 173 16.13	Yb 174 31.83	Yb-175 4.2 d	Yb 176 12 s	Yb 177 6.5 s	Yb 178 74 m
Tm 171 1.92 a	Tm 172 16.0 h	Tm 173 1.67 a	Tm 174 1.67 a	Tm 175 1.67 a	Tm 176 1.67 a	Tm 177 1.67 a

Waste problem for hospitals!
R. Henkelmann et al., Eur. J. Nucl. Med. Mol. Imag. 36 (2009) S260.

Whole Body Activity Retentions in the Peptide Receptor Radionuclide Therapy with ^{177}Lu

Boxue Liu
 刘伯华
 RADIATION SCIENCES AND TECHNOLOGY TO DEPUT



“Clean” production route to ¹⁷⁷Lu

Ta 175 10.5 h	Ta 176 8.1 h	Ta 177 56.6 h	Ta 178 825.7 - 245 a	Ta 179 665 d	Ta 180 0.012 s	Ta 181 99.988 a
Hf 174 0.16 s	Hf 175 70.0 d	Hf 176 5.29 a	Hf 177 11.1 h	Hf 178 10.8 a	Hf 179 13.7 d	Hf 180 39.8 a
Lu 173 1.37 a	Lu 174 3.31 a	Lu 175 97.41 d	Lu 176 2.59 a	Lu 177 6.71 d	Lu 178 227 m	Lu 179 39.4 m
Yb 172 21.83 a	Yb 173 16.13 a	Yb 174 31.83 a	Yb 175 4.2 d	Yb 176 12.8 h	Yb 177 6.5 h	Yb 178 74 m

- Free of long-lived isomer
- Non-carrier-added quality
- Requires high-flux reactor and advanced radiochemistry



The history of lutetium separation

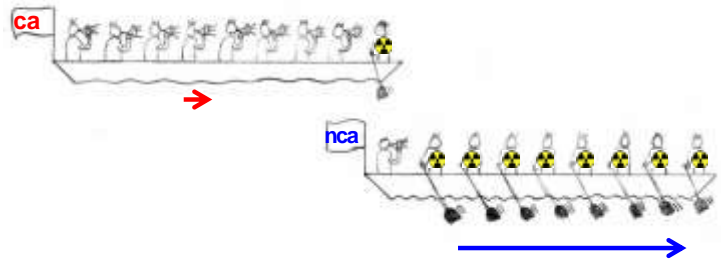
- 1878 Separation of Yb by Jean-Charles Galissard de Marignac
- 1907 Separation of Lu from Yb by Georges Urbain, Carl Auer von Welsbach, Charles James
- 1995- Large-scale separation of Lu for production of LSO and LYSO crystals by Mark Andreaco (CTI) and George Schweitzer (Univ. Tennessee)
- 2007 Rapid large-scale separation of n.c.a. ¹⁷⁷Lu from irradiated Yb by ITG Garching



Specific activity

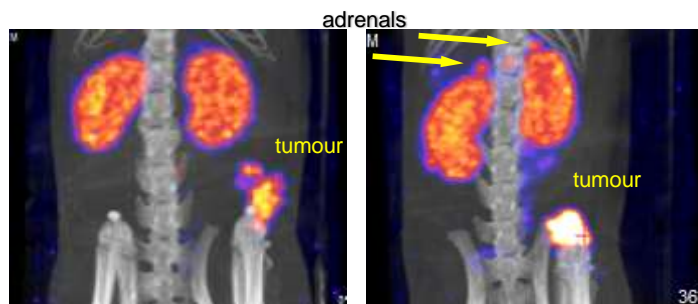
Quantity describing the activity per mass (GBq/mg, Ci/mg).
 For mixtures it quantifies the ratio of radioactive atoms to all atoms (including stable ones).

Carrier added vs. non-carrier added



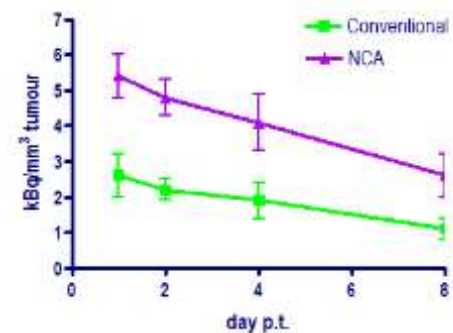
SPECT/CT day 1 p.t. Lu-octreotate

Conv. ^{177}Lu -octreotate, 11 μg NCA ^{177}Lu -octreotate, 2 μg



M. de Jong, Erasmus MC, Rotterdam

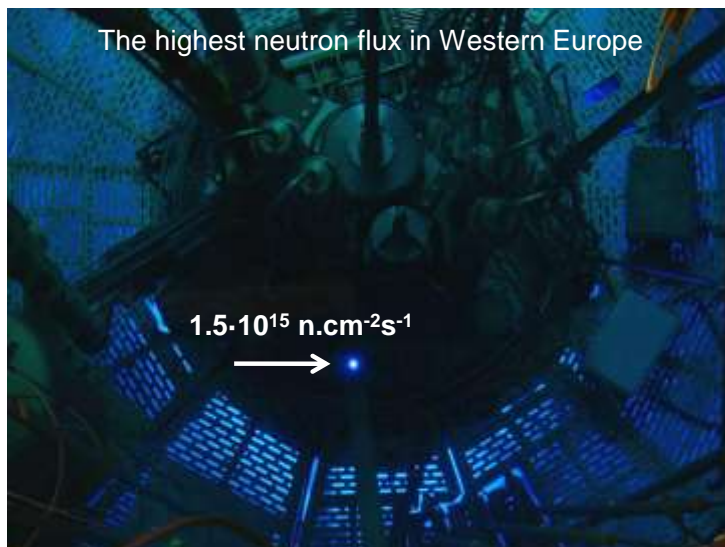
Tumor uptake, based on SPECT quantification



NCA ^{177}Lu -octreotate: ~2x higher tumor uptake
 → 70 vs. 35 Gy tumor dose

M. de Jong, Erasmus MC, Rotterdam

The highest neutron flux in Western Europe

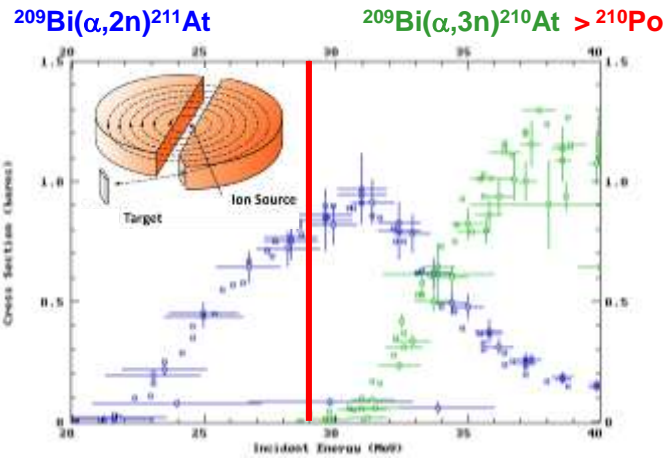


$^{188}\text{W}/^{188}\text{Re}$ generator

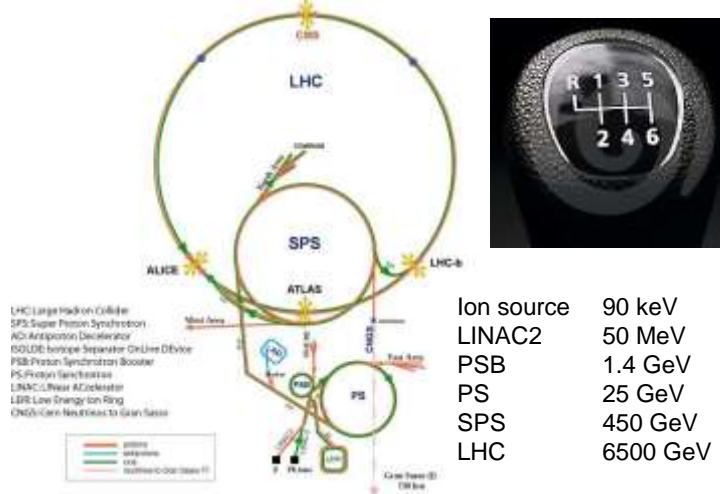
Os 188 13.24 T _{1/2} = 4.81 h	Os 189 6.9 18.15 T _{1/2} = 3.72 d	Os 190 0.89 26.28 T _{1/2} = 27.1 d
Re 187 62.50 T _{1/2} = 4.92 × 10 ¹⁰ a	Re 188 10.3 16.88 h T _{1/2} = 17.0 h	Re 189 24.3 h T _{1/2} = 211.31 d
W 186 28.43 T _{1/2} = 30.1 d	W 187 69.72 h T _{1/2} = 69.72 h	W 188 69 d T _{1/2} = 69 d



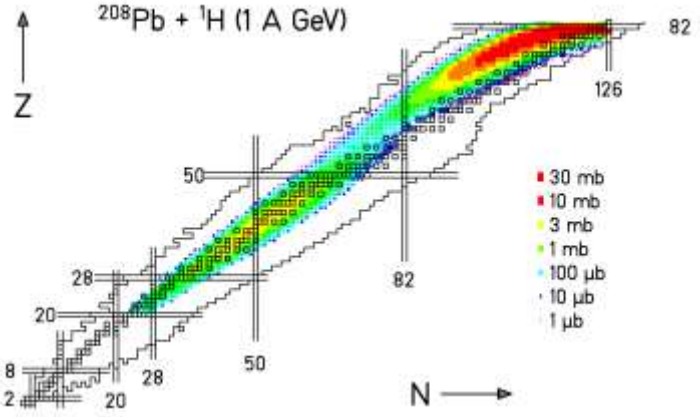
²¹¹At production



The accelerator complex of CERN

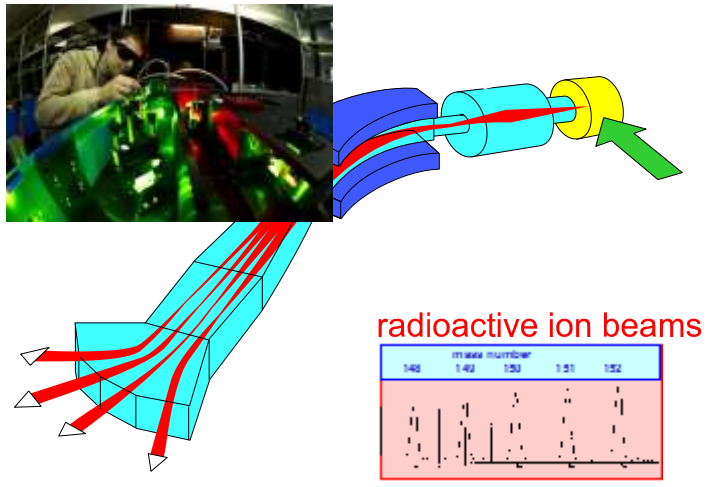


Spallation + Fragmentation + Fission



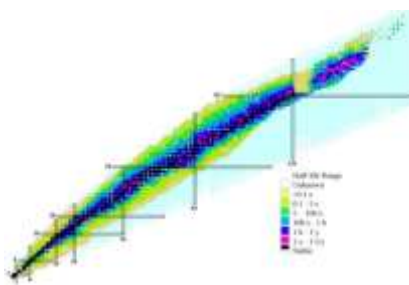
W. Wlazio et al., Phys. Rev. Lett. 84 (2000) 5736.
 T. Enqvist et al., Nucl. Phys. A 686 (2001) 481.

Production of ¹⁴⁹Tb, ¹⁵²Tb and ¹⁵⁵Tb at ISOLDE





Paracelsus (1493-1541)
“Many have said of Alchemy, that it is for the making of gold and silver. For me such is not the aim, but to consider only what virtue and power may lie in medicines.”
(Edwardes)



500 years later:
“Many have said of nuclear physics, that it is for the making of gold and silver (and other elements’) isotopes. For us such is not the only aim, but also to consider what virtue and power may lie in it for medicine.”

Bibliography

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<http://www.nupecc.org/npmed/npmed2014.pdf>
- Many reports and guidelines from IAEA Vienna (free download):
- Nuclear Medicine Physics. A Handbook for Teachers and Students, IAEA Vienna 2014, STI/PUB/1617.
 - Cyclotron Produced Radionuclides: Principles and Practice, IAEA Vienna 2008, Technical Report 465.
 - Cyclotron Produced Radionuclides: Physical Characteristics and Production Methods, IAEA Vienna 2009, Technical Report 468.
 - Lectures on Theranostics by Richard Baum:
<https://www.youtube.com/watch?v=Z0TIXH2dVi8>
<https://www.youtube.com/watch?v=S74LNxXOaSw>
 - (Free) medical review papers from: <http://pubmed.gov>
 - Information on on-going clinical trials: <http://clinicaltrials.gov>